

# NEW TITLES & BESTSELLERS

SPRING/SUMMER 2025



## INNER TRADITIONS

Books for the Spiritual & Healing Journey

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**F**ounded in 1975, Inner Traditions is one of the oldest and largest publishing houses in the world devoted exclusively to books on spirituality, the occult, ancient mysteries, psychedelics, new science, holistic health, and healing.

Today, with more than 2,000 titles in print, we are often asked, “What is Inner Traditions’ role as a publisher?” Our mission is to seed the dream of humanity. We must determine the worthiness of an author’s ideas, publish them, and then watch. Every book has its own life, its own destiny. Our work is to put the finest ideas into the hands of our readers and let destiny unfold.

It is with a deep sense of appreciation and gratitude to you, our colleagues and readers, that we have been able to consistently sustain our mission of bringing you books to enhance your well-being and provide meaning in the journey to self-realization.

We at Inner Traditions look forward with great excitement and anticipation to our next 50 years of publishing books for the spiritual and healing journey.



## The Soul of Every Publishing House Is Its Authors

We are privileged to work with a wonderful and diverse group of authors from all over the world. What follows are expressions of appreciation for our work that have come in to us over the years.

*“I am deeply grateful for the immense contribution to esoteric wisdom that Inner Traditions has offered to the world over the past 50 years through their beautiful and important publications.”*

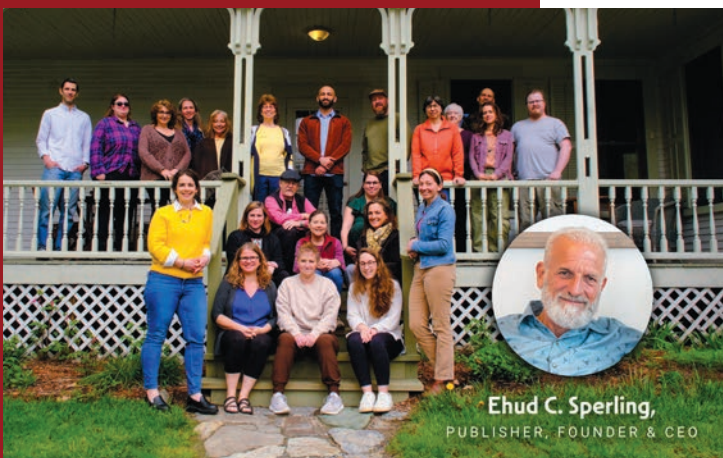
–ALEX GREY, AUTHOR OF *SACRED MIRRORS*

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## The Sun and the Earth Are Central to Our Endeavor

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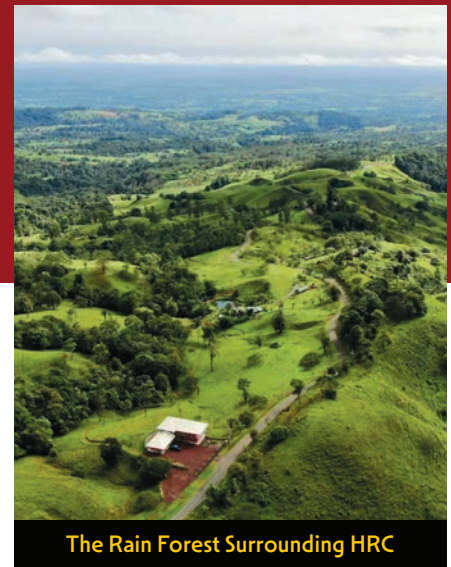
In Costa Rica, Inner Traditions funds and maintains the Hacienda Rio Cote Reforestation Project, where more than 50 different species of trees are planted, extending the Rio Cote national rain forest with tens of thousands of new trees. We maintain a lodge to accommodate students and individuals that come to the reforestation. Please visit us and plant a tree!



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*“My books with Inner Traditions have received outstanding editing, layout, cover design, foreign language outreach, marketing, and publicity, all in a personal and fully collaborative manner. They remain my go-to publisher for my books.”*

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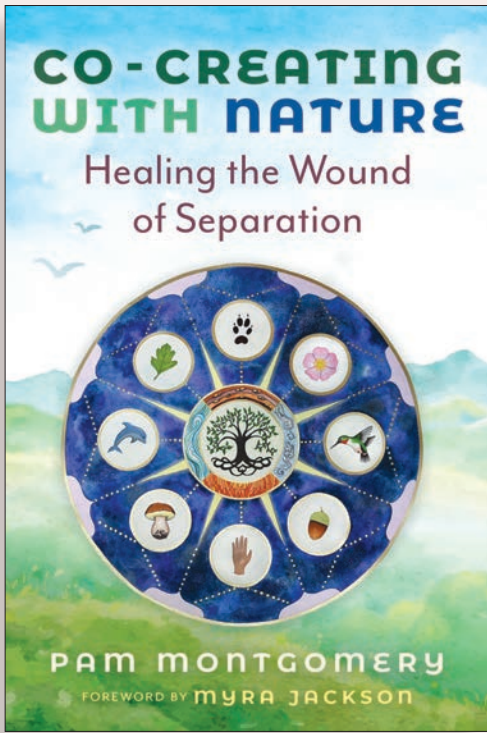
*“Inner Traditions is to my mind the most vital and relevant independent publisher on the planet. Providing the finest texts, they stand tall in the tradition of the great guardians and proponents of spiritual culture.”*

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–ANDREW COLLINS, AUTHOR OF *GÖBEKLI TEPE*





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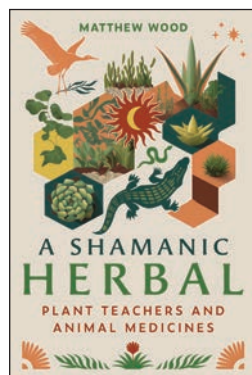
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Also by Pam Montgomery



**Plant Spirit Healing**  
Pam Montgomery  
Bear & Company  
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**34,000 copies sold**

Of Related Interest



**A Shamanic Herbal**  
Matthew Wood  
Healing Arts Press  
ISBN 979-8-88850-020-0  
\$29.99 (CAN \$37.50) pb  
**July 2024 release**

# Co-Creating with Nature

## Healing the Wound of Separation

PAM MONTGOMERY

Foreword by Myra Jackson

A model for developing a co-creative partnership with all life

- Establishes that being in partnership with Nature is our birthright, explores the roots of our separation, and demonstrates that we are designed to communicate with Nature
- Offers six principles of co-creative partnership with Nature that serve as a map for guiding us back to our rightful place as a part of Nature
- Explains that plants can guide us in living according to our true essential nature and details the steps of creating and facilitating a plant initiation with common plants

We are in the midst of a global transformation where we must heal our separation from Nature and restore our partnership with the living Earth, which is essential to co-creating a world where all life—human and nonhuman—can thrive.

In this groundbreaking book, Nature Evolutionary and Earth Elder Pam Montgomery draws on her decades of working with plants and Nature consciousness to explain that it is our human birthright to be a part of Nature. She examines the co-opting of time, language, and culture to shed light on the roots of our separation. Weaving together contemporary research on human physiology with personal experience, she demonstrates that we are intrinsically created to be in relationship with Nature. She offers six principles of developing a co-creative partnership, explaining that we can communicate with Nature through vibratory resonance. We learn that when we nurture ourselves, trust our intuition, and allow for joyful encounters, we restore our interconnection with all life.

The author details the steps of co-creating an initiation with a specific plant ally where bonding brings healing. She shares evocative stories, meditations, and the healing wisdom gained from the profound plant initiations she and her students have participated in, all with common plants. Through this book, Pam reveals how to restore our relationship with the living Earth and come home not only to Nature but also to ourselves.



**Pam Montgomery** is an herbalist, Nature Evolutionary, international teacher, and Earth Elder who has passionately embraced her role as a spokesperson for the green beings. A founding member of United Plant Savers and the Organization of Nature Evolutionaries, she is the author of two books, including *Plant Spirit Healing*. She lives, works, and plays at Sweetwater Sanctuary in Danby, Vermont.



# The Prenatal Shadow

Healing the Traumas Experienced before and at Birth

CHERIONNA MENZAM-SILLS, Ph.D.

Explores the lifelong effects of prenatal and birth experiences

- Explains how babies remember their experiences from the womb and birth as implicit memory, impressions that are held in emotions, images, and the body
- Examines scientific evidence of how preverbal memory works and how prenatates are highly responsive to their mother's perceptions
- Looks at how to become aware of and acknowledge implicit memory from the womb as well as how to heal and prevent birth trauma

As somatic prenatal therapist Cherionna Menzam-Sills, Ph.D., reveals, in a world where it is believed that babies are unable to remember before they can speak, prenatal and birth experiences can easily become unconscious shadow, infiltrating the psyche and affecting personality, relationships, behavior, and perceptions throughout life.

Drawing on scientific evidence of how preverbal memory works, the author shows how babies, even before birth, are exquisitely sensitive with remarkable potential that may be forgotten or eclipsed by traumatic prenatal and perinatal experience. She explains how babies remember the intensely formative experiences from this primal period as implicit memory, impressions that are held in emotions, images, and the body. She looks at how prenatates are deeply influenced by their mother's perception of safety or threat, including during labor and birth, which affects their developing nervous systems.

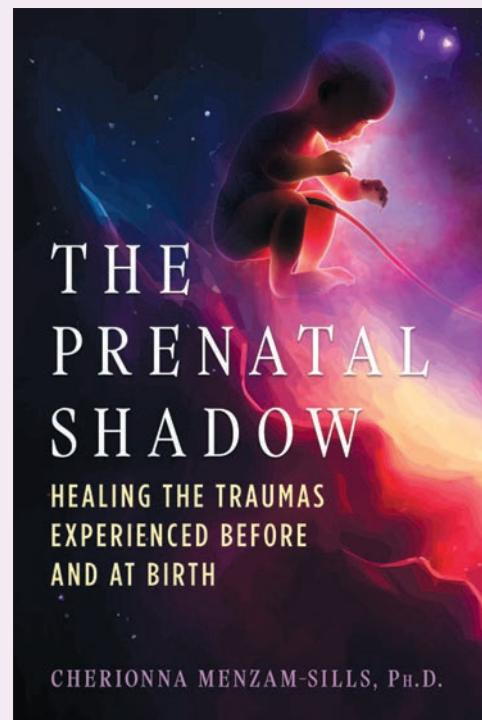
Examining the healing and integration of the prenatal shadow, the author explores how to acknowledge and prevent birth trauma as well as shares meditative practices for sensing the little one within and offering them what they need.

By acknowledging and integrating the prenatal and perinatal shadow hidden just beyond conscious awareness, we can heal our relationships with ourselves and our loved ones as well as reconnect with our original potential.



**Cherionna Menzam-Sills, Ph.D.**, is a somatic pre- and perinatal therapist, Continuum (mindful movement) teacher, and biodynamic craniosacral therapist with a doctorate in prenatal and perinatal psychology. Informed by extensive study with perinatal pioneers William Emerson and Ray Castellino, and Continuum founder, Emilie Conrad, she has taught inter-

nationally, often with her husband, biodynamics pioneer Franklyn Sills. The author of *The Breath of Life* and *Spirit into Form*, she lives in Devon, UK.



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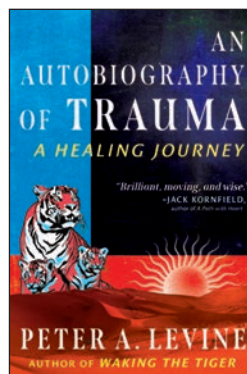
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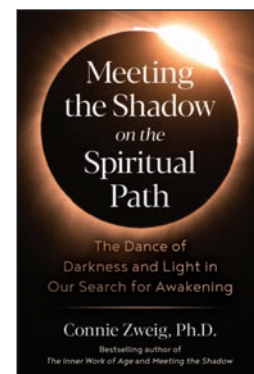


## Of Related Interest



### An Autobiography of Trauma

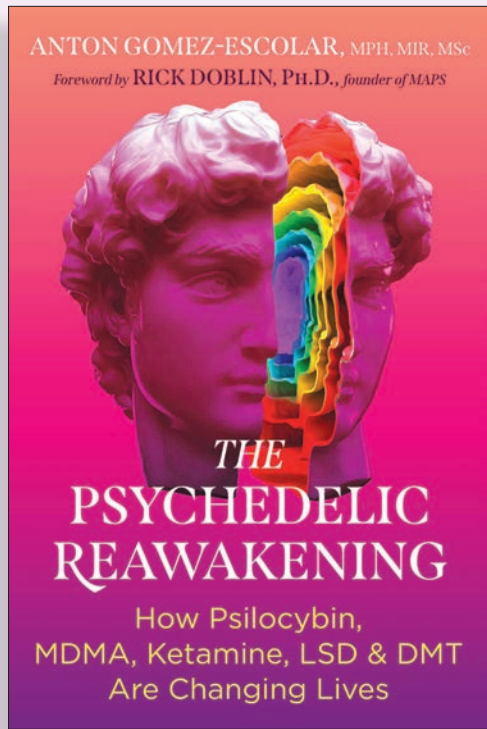
Peter A. Levine, Ph.D.  
Park Street Press  
ISBN 979-8-88850-076-7  
\$18.99 (CAN \$23.99) pb  
**April 2024 release**



### Meeting the Shadow on the Spiritual Path

Connie Zweig, Ph.D.  
Park Street Press  
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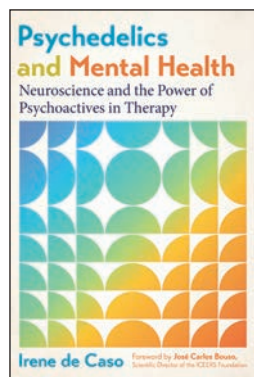
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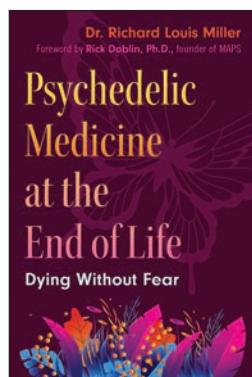
PARK STREET PRESS

### Of Related Interest



#### Psychedelics and Mental Health

Irene de Caso, Ph.D.  
Park Street Press  
ISBN 979-8-88850-000-2  
\$29.99 (CAN \$37.50) pb  
**January 2025 release**



#### Psychedelic Medicine at the End of Life

Dr. Richard Louis Miller  
Park Street Press  
ISBN 978-1-64411-981-5  
\$19.99 (CAN \$24.99) pb  
**November 2024 release**

# The Psychedelic Reawakening

## How Psilocybin, MDMA, Ketamine, LSD, and DMT Are Changing Lives

ANTON GOMEZ-ESCOLAR, MPH, MIR, MSc  
Foreword by Rick Doblin, Ph.D., founder of MAPS

Explores the benefits, risks, and growing acceptance of modern psychedelic therapy

- Examines the contemporary psychedelic phenomenon, including the history of criminalization and legalization, psychedelics' effects on the brain, recent clinical research, and new therapeutic potentials
- Explores substances like psilocybin, LSD, DMT, ayahuasca, ketamine, and MDMA, including scientific evidence for psychedelics' potential to treat addiction, depression, anxiety, trauma, and neurodegenerative diseases
- Includes extensive practical information on safety, risk, and harm reduction for both laypeople and mental health practitioners

Presenting a comprehensive guide to the exciting new landscape around psychedelics, psychopharmacologist and researcher Anton Gomez-Escolar examines the long history of criminalizing and (slowly) legalizing these substances and their increasingly demonstrable positive effects on body, mind, and spirit.

Exploring substances like psilocybin, LSD, DMT, ayahuasca, ketamine, MDMA, and others, Gomez-Escolar looks at the multitude of scientific studies providing critical evidence for psychedelics' ability to treat addiction, depression, anxiety, and trauma, as well as their potential to treat neurodegenerative diseases such as Alzheimer's. He provides key information for therapists and other health practitioners as well as exploring the benefits of microdosing and the specific ways in which mental health issues related to COVID-19 could be alleviated by psychedelics. Breaking down substances by type, the author looks at the main risks of each psychedelic and its benefits, best harm-reduction strategies, and the neural pathways they affect. Gomez-Escolar also includes a large selection of resources for people seeking to engage personally with psychedelics for healing.



**Anton Gomez-Escolar, MPH, MIR, MSc**, is a psychopharmacologist who has been working on harm reduction, psychedelic research, and drug science communication for more than a decade at organizations like the European Drugs Agency (EUDA). He is a member of the UNAD Global Drug Policy Commission, and cofounder and board member of the Spanish

Society of Psychedelic Medicine (SEMPsi), the INAWE Foundation for the advancement of psychedelic science, and the Psychedelic Society of Madrid. He lives in Madrid.



# Tripping the Trail of Ghosts

Psychedelics and the Afterlife Journey in Native American Mound Cultures

P. D. NEWMAN

Foreword by Christine VanPool

Exploring psychedelic spiritual practices and afterlife beliefs among the Mississippi mound cultures

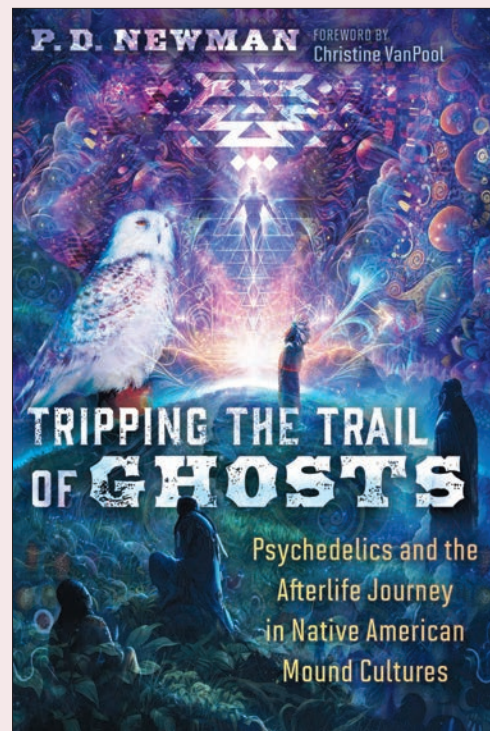
- Examines the Path of Souls or Trail of Ghosts, a Native American model for the after-death journey
- Demonstrates how psychoactive plants were used to evoke the liminal state between life and death in initiatory rites and spirit journeys
- Explores the symbology of the large earthwork mounds erected by the Indigenous people of the Mississippi Valley and how they connect to the Path of Souls

The use of hallucinogenic substances like peyote and desert tobacco has long played a significant role in the spiritual practices and traditions of Native Americans. While the majority of those practices are well documented, the relationship between entheogens and Native Americans of the Southeast—whose psychedelic use was just as sophisticated—has gone largely unexplored.

Examining the role of psychoactive plants in afterlife traditions, sacred rituals, and spirit journeying by shamans of the Mississippian mound cultures, P. D. Newman explores in depth the Native American death journey known as the “Trail of Ghosts” or “Path of Souls.” He demonstrates how practices such as fasting and trancework alongside psychedelic plants like jimsonweed, black nightshade, morning glory, amanita and psilocybin mushrooms, and an as-yet-undocumented analogue to ayahuasca were used to evoke the liminal state between life and death in initiatory rites and spirit journeys for shamans and chiefs. He explores the earthwork and platform mounds built by Indigenous cultures of the Mississippi Valley, showing how they quite likely served as early models for the Path of Souls. He also explores similarities between the Ghost Trail afterlife journey and the well-known Egyptian and Tibetan Books of the Dead.



**P. D. Newman** has been immersed in the study and practice of shamanism, alchemy, hermetism, and theurgy for more than two decades. The author of *Theurgy: Theory and Practice* and *Angels in Vermilion*, he lives in Tupelo, Mississippi, with his wife, Rebecca, and his youngest son, Bacchus.



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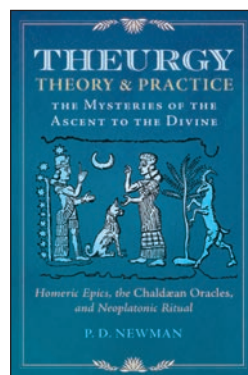
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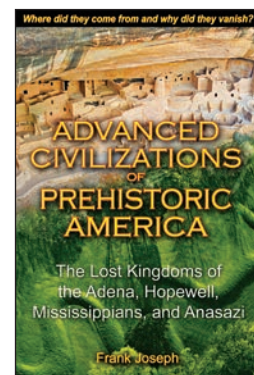
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Also by P. D. Newman Of Related Interest

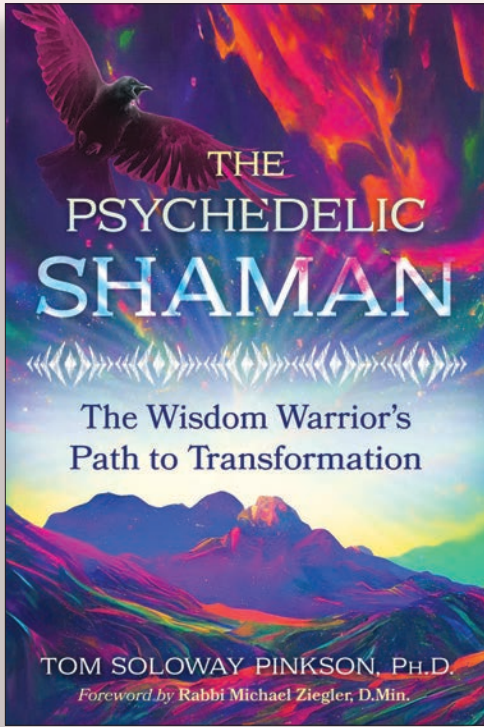


**Theurgy: Theory and Practice**  
P. D. Newman  
Inner Traditions  
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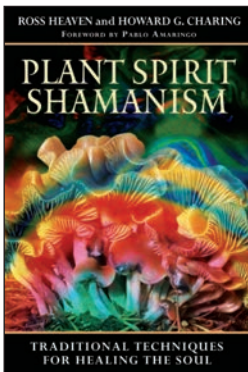


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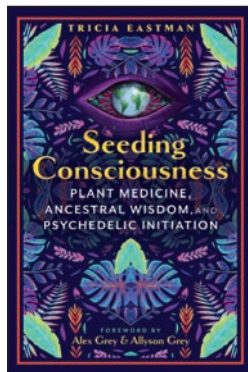


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 Tricia Eastman  
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# The Psychedelic Shaman

The Wisdom Warrior's Path to Transformation

TOM SOLOWAY PINKSON, Ph.D.

Foreword by Rabbi Michael Ziegler, D.Min.

Discover healing and purpose with psychedelic shamanism

- Explores how to work ethically, skillfully, and responsibly with psychedelics and plant spirits
- Shares the author's transformative psychedelic experiences and how they helped him discover his life's purpose
- Provides shamanic practices to develop your capacity as a Wisdom Warrior, heal personal and collective trauma, and connect with infinite cosmic love

Taking us through his more than 50 years of immersion in psychedelic shamanism, Tom Soloway Pinkson shares profound Indigenous teachings, plant teacher wisdom, and his own transformative experiences on the psychedelic Wisdom Warrior path.

Pinkson shares his journey of awakening through childhood trauma to a revelatory connection with nature. He details experiences of plant medicine journeys, vision quest rites of passages, and pilgrimages to places of power. He describes his mentorship with Indigenous medicine peoples around the world, including an 11-year initiatory apprenticeship with Guadalupe de la Cruz, a renowned Huichol shaman. Through his experiences with death and dying and with LSD and plant spirit medicines such as peyote, psilocybin mushrooms, and ayahuasca, he forged a cosmology based on the interconnectedness of all beings and dedicated to shifting a fear-based world to a love-based one.

Presenting a map for others to follow the Wisdom Warrior path of psychedelic shamanism, the author explores how to work ethically, skillfully, and responsibly with psychedelics and plant spirits and shares shamanic practices to develop your capacity to connect with the infinite cosmic love that is the essence of our being. By sharing his journey, along with the Indigenous wisdom and plant teachings at the foundation of his spiritual path, Pinkson shows how to restore the sacred in everyday life and discover your role in helping to heal and transform our world.



**Tom Soloway "tomás" Pinkson, Ph.D.**, is a psychologist, ceremonial retreat leader, mentor, sacred storyteller, musician, and shamanic initiate. The founder of Wakan and A New Vision of Living, nonprofit organizations committed to restoring the sacred in daily life, he is the author of *The Shamanic Wisdom of the Huichol* and lives in Southern California.



# Manifestation Perfected

## Six Steps to Embody Your Soul Purpose

BAPTIST de PAPE

### Learn to create like the master manifestors

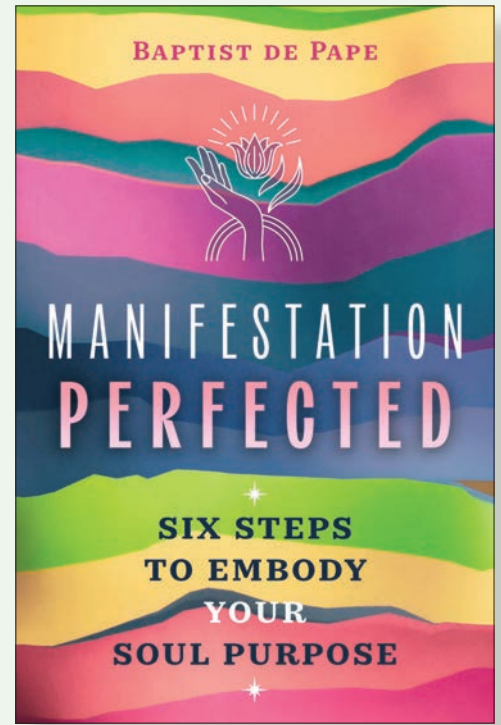
- Presents an easy-to-follow six-step manifestation process to help you confidently move into the creative flow of the universe
- Includes inspiring examples from three renowned personalities: Oprah, J. K. Rowling, and Anita Moorjani
- Offers exercises, examples, and contemplation prompts to help you apply these manifestation principles to your own life

In *Manifestation Perfected*, filmmaker Baptist de Pape looks at the lives and practices of three of the most important personalities in the realm of manifesting—Oprah, J. K. Rowling, and Anita Moorjani. From health to professional standing and fame to financial success, he examines their similarities, differences, and lessons from their lives to provide a full set of guideposts for our own manifestation process. How have these three master manifestors become so successful while following what is essentially a path of spiritual trust? Building on these inspiring examples, the author guides us through the process of successful manifestation, removing it from the unrealistic realm of magical thinking and grounding it fully in the mechanics of creating the life each of us was born to live. He explores in depth what it means to discover and enter the flow of creativity, examining instances of high-level manifesting in present-day public figures, people who manifested beyond their wildest dreams but were unable to cope with the results, as well as those who want to manifest only to impress others. Sharing exercises, examples, and contemplation prompts, he teaches you how to align yourself with your soul's intentions, how to stay aligned, no matter what anyone says, and how to develop spiritual trust to know that the universe will support you so you can proceed with confidence.

Presenting a clear and easy-to-follow series of six steps that anyone can adopt, this practical guide shows how, if you align with your true soul intentions, you too will become the master creator of your life and happiness.



**Baptist de Pape** is a lawyer, author, and filmmaker. Called to investigate the incredible power of the heart, he went on a quest around the world, interviewing many of the foremost thinkers of our time, which culminated in the renowned film and book *The Power of the Heart*. Baptist lives in Belgium.



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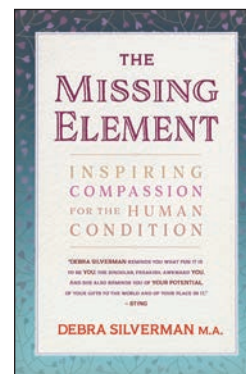
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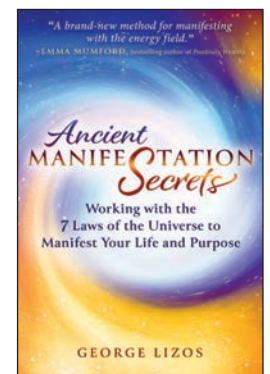
Debra Silverman, M.A.

Findhorn Press

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#### Ancient Manifestation Secrets

George Lizos

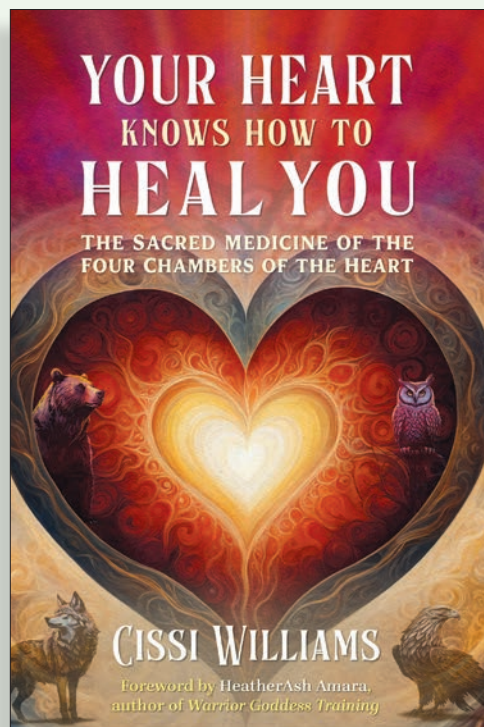
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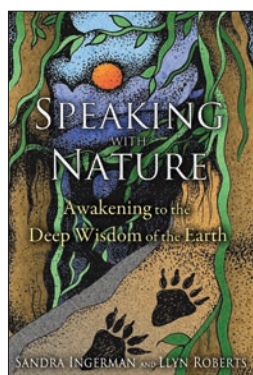


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**The Aquarian Shaman**  
 Linda Star Wolf, Ph.D.  
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**September 2024 release**

# Your Heart Knows How to Heal You

The Sacred Medicine of the Four Chambers of the Heart

CISSI WILLIAMS

Foreword by HeatherAsh Amara, author of *Warrior Goddess Training*

Awaken the wisdom of your heart for healing, rebirth, and transformation

- Discover the medicine found in your heart's four chambers through a shamanic initiation with your heart as your teacher
- Explore the ancient wisdom of spirit animal guides and Goddess archetypes, such as the Black Madonna, Persephone, and the Valkyries
- Experience nine powerful shamanic journeys, as well as transformative exercises, chakra work, and visualizations

For many women reaching midlife, and the changes that come with it, the disconnect between heart and head takes center stage, revealing the life dissatisfaction that comes from ignoring your heart's wisdom. Cissi Williams experienced this firsthand when, at the age of 51, her heart literally stopped. Recognizing this as a lesson, she listened to what her heart had to teach her, learning to heal not just her body but her life too.

Sharing the teachings of her healing transformation, Cissi invites you on a shamanic journey to connect deeply with the four chambers of the heart and the ancient wisdom of spirit animal guides and Goddess archetypes, including Persephone, Inanna, Mary Magdalene, the Valkyries, Freya, Hecate, and Cerridwen. In the first heart chamber, the Chamber of Healing, you focus on letting go and shedding what's no longer needed. Stepping into the Chamber of Transformation next, you are asked to process your shadow parts in the holy fire of the Dark Mother, along with the shamanic spirit animal guides Wolf and Raven. The third chamber, the Chamber of Magic, helps you manifest your dreams with the support of Owl. Concluding in the Chamber of Rebirth, carried by Eagle and Phoenix medicine, you rise from the ashes, stronger than before.

Presenting nine powerful shamanic journeys alongside transformative exercises, chakra work, and visualizations, Cissi guides you through a feminine heart-centered initiation, allowing you to transform your wounds into wisdom, reclaim your authentic power, and awaken your inner Wise Woman.



**Cissi Williams** is an osteopath, naturopath, NLP trainer, and master practitioner in hypnosis. A teacher of shamanic energy medicine and Seidr Magic, she is also initiated as a Priestess of Freyja. The author of *The Wellbeing Handbook* and *Transformational NLP*, she lives in the Cotswolds, England.



# Oracle of the Phoenix

44-Card Deck and Book

CHRISTINE ARANA FADER

Illustrated by Elena Dudina

A spiritual tool to connect with the phoenix energies of rebirth, transformation, and healing

- Features 39 phoenix cards that reflect gentleness and fierceness, healing and power, as well as four elemental pegasus cards and a master priestess card
- The guidebook shares deeper meanings for each card as well as exercises and meditations to give you the courage and strength to free yourself from old patterns, find your inner healer, and join forces with the powerful phoenix

The mythical phoenix burns at the end of its life cycle and rises from its own ashes to be reborn again and again. Carrying the highest light of transformation, the phoenix is a symbol of resurrection, immortality, regeneration, renewal, rebirth, and the eternal cycle of life and death.

Imbued with the radiant energies of the phoenix, this 44-card deck and book set offers wisdom, inspiration, healing, love, and peace to support you as you endure the fires of purification, find the courage to grow and face your inner demons, and rise again, strengthened by the ashes of your old patterns. The deck features 39 phoenixes, each reflecting gentleness, healing, fierceness, and power. The deck also includes four elemental pegasus cards, who uplift you on their wings of wisdom, along with the card of the four priestesses, a master card to help you on your journey of transformation and rebirth. The guidebook shares deeper meanings for each card as well as exercises and meditations to give you the courage and strength to free yourself from old patterns, find your inner healer, and join forces with the powerful phoenix.

Allowing you to connect with the phoenix as your personal spirit animal and soul companion, this deck provides a way to ignite the power of the divine firebird within.



**Christine Arana Fader**, the “Dragon Lady,” has been accompanied by many teachers on her spiritual journey—angels, power animals, ascended masters, and especially dragons. Since 2010 she has led workshops to acquaint people with the energies of these mystical beings. The author of *The Little Book of Dragons*, *Dragon Wisdom* oracle cards, *The Dragon Riders Oracle*,

and *Soul Helper Oracle*, she lives in Germany.



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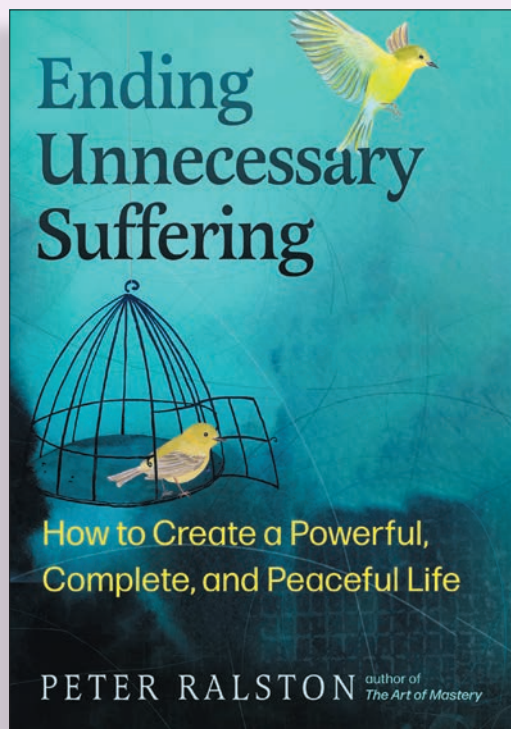


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# Ending Unnecessary Suffering

How to Create a Powerful, Complete, and Peaceful Life

PETER RALSTON

A guide to freeing yourself from self-induced suffering

- Provides contemplative practices and exercises to help you recognize how you cause your own suffering
- Explores the dynamics of the mind and how it sets the stage for distress
- Explains how mental states of suffering are created and how to control your mind to stop those thought patterns and assumptions

Most of us believe that suffering is inevitable. Stress, shame, depression, grief, loneliness, disappointment, the feeling that life is incomplete—every negative experience contributes to the emotional and psychological pain that impedes our ability to live happy, fulfilling lives. But what if most suffering could be avoided? Is there an antidote to inner turmoil that can be learned and applied to everyday life?

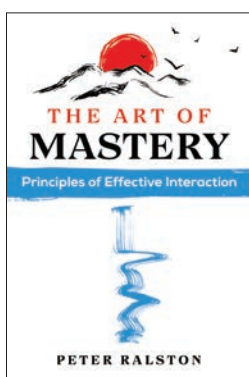
In this groundbreaking work, Peter Ralston reveals how to free yourself from mentally created suffering. He explains how most creatures don't experience suffering like we do. They don't worry or fret, fear the future, or imagine they are somehow flawed or less than they should be. Exploring the dynamics of the mind that set the stage for distress and get us into trouble, he explains how mental states of suffering are created, how to recognize when you cause them, and how to control your mind in order to stop suffering-inducing thought patterns and beliefs.

Sharing contemplative practices and exercises to help you end your inner turmoil and foster growth, awareness, and freedom, Ralston provides an empowering way to create a more complete, powerful, and peaceful life experience.

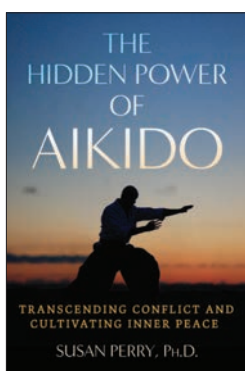


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**Peter Ralston** is a founder of the consciousness movement that began in the San Francisco Bay Area in the 1960s. He has spent thousands of hours in contemplation and has had several powerful enlightenment experiences. In 1978 he became the first non-Asian ever to win the World Championship full-contact martial arts tournament held in the Republic of China. The author of several books, including *The*

*Book of Not Knowing* and *The Art of Mastery*, he currently lives outside of San Antonio, Texas.

# The Books of Enoch Revealed

The Wicked Watchers, Metatron, and the Fruits of Forbidden Knowledge

TOBIAS CHURTON

The first comprehensive examination of the Book of Enoch and its prophecies, origins, and history

- Examines in depth Enoch's full story of the Watchers, the fallen angels who came to Earth and shared corrupting forbidden knowledge
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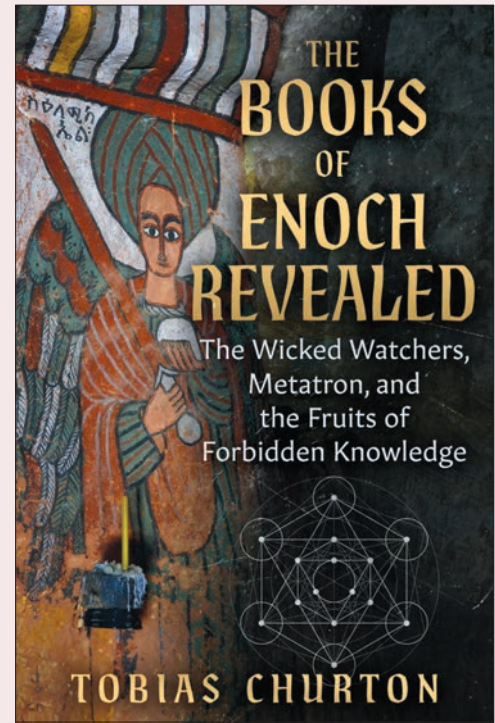
Said to have been written by the prophet Enoch, great-grandfather of Noah, the first Book of Enoch disappeared for many centuries, except for one place: the Bible of the Ethiopian Orthodox Church, which held it as canonical.

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**Tobias Churton** is an authority on Gnosticism, Hermeticism, Freemasonry, and Rosicrucianism. Appointed Honorary Fellow of Exeter University in 2005 to specialize in Western Esotericism, he is the author of many books, including *The Lost Pillars of Enoch* and *Gnostic Philosophy*. He lives in the heart of England.

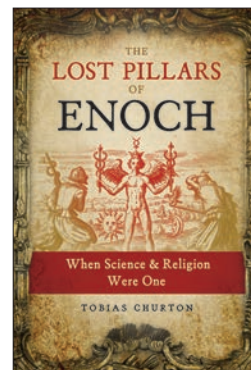


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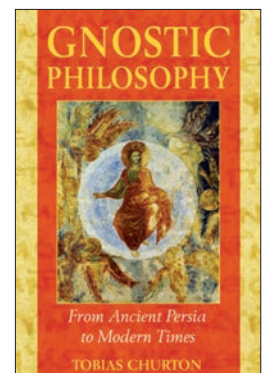
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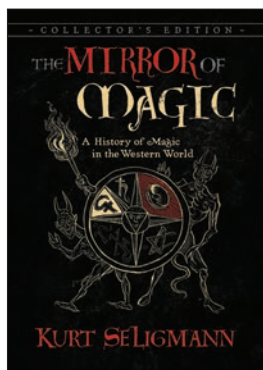
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# The Sword of Song

Called by Christians The Book of the Beast

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A fully annotated, deluxe hardcover edition of one of Aleister Crowley's formative works

- Presents Crowley's preferred text, drawing on all existing draft manuscripts and margin notes from Crowley's personal copies
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- Includes Crowley's mystical essays on his first forays into sex magic, his initial embrace of the legendary title of "the Beast," and his encounters with the Golden Dawn, Buddhism, Agnosticism, and Christianity

Too inflammatory for English publishers, Aleister Crowley printed *The Sword of Song*, his first talismanic work, in Paris in 1904, releasing a mere one hundred copies. Deconstructing his encounters with the Golden Dawn, Buddhism, Agnosticism, and Christianity, the book explores Crowley's magic and spiritual philosophy before he experienced the revelation that led to *The Book of the Law*. It contains Crowley's first manifesto, his first forays into sex magic, his initial embrace of the legendary title of "the Beast," the occult poem "Ascension Day," and mystical essays.

In this fully annotated deluxe hardcover edition of *The Sword of Song*, renowned Crowley biographer Richard Kaczynski presents Crowley's preferred text for this work, drawing on all existing draft manuscripts as well as unpublished margin notes from Crowley's personal copies of the book. Kaczynski clarifies all the significant changes and additions throughout the book's various iterations and provides explanations for the many occult and popular culture references. He also includes a substantial scholarly introduction, reflecting an intimate knowledge of Crowley and the development of his magical practice.

A prototype for later works such as *Konx Om Pax* and *The Book of Lies*, *The Sword of Song's* blend of poetry, allegory, fiction, and essay reveals the formative inner workings of one of the twentieth century's most provocative thinkers just before he received the life-changing *Book of the Law* from Aiwass.

**Aleister Crowley** (1875–1947), English magician and artist, is widely regarded as one of the most important occult figures of the twentieth century. He is the author of *Magick in Theory and Practice*, *The Book of Thoth*, and many others. **Richard Kaczynski** is a lifelong student, international speaker, and writer in Western esotericism, and an authority on the life and works of Aleister Crowley. The author of *Perdurabo: The Life of Aleister Crowley*, he lives in Raleigh, North Carolina.

# The Occult Elvis

The Mystical and Magical Life of the King

MIGUEL CONNER

An esoteric and magical portrait of Elvis Presley

- Draws on firsthand accounts from Elvis’s wife, Priscilla, his friends and family, the Memphis Mafia, and his spiritual advisors
- Looks at key teachers who influenced him, including Yogananda, H. P. Blavatsky, and Manly P. Hall
- Examines Elvis’s efforts as a natural healer, the significance of his UFO encounters, and his telekinetic, psychic, and astral traveling abilities

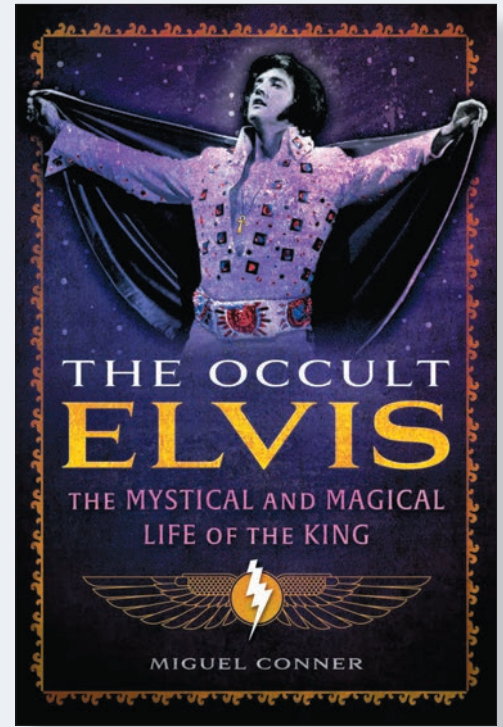
Elvis Presley, the most successful solo artist in history and an emblematic cultural figure of the Western world, has been widely perceived as a conservative Southerner. However, the truth about the man has been missed.

Writer and researcher Miguel Conner reveals how Elvis was a profound mystic, occultist, and shaman. Beginning with the unusual circumstances of his birth—including his stillborn twin brother, Jesse—Conner traces the diverse thread of mysticism that runs through Elvis Presley’s life, drawing on firsthand accounts from the people closest to him, including his wife, Priscilla, friends and family, the Memphis Mafia, and his spiritual advisors. He reveals how Elvis was a student of seminal nineteenth- and twentieth-century occultists, including H. P. Blavatsky, Manly P. Hall, G. I. Gurdjieff, and P. D. Ouspensky, as well as a devotee of Indian yogi Paramahansa Yogananda. He argues that Elvis was well-versed in esoteric practices including sex magic, meditation, astrology, and numerology and had a deep familiarity with Kabbalah, Gnosticism, Theosophy, and Eastern traditions. Conner also reveals how Elvis was a natural healer, telekinetic, psychic, and astral traveler who had significant mystical experiences and UFO encounters.

Looking at the conspiratorial and paranormal aspects of Elvis’s life, the author explores the “Elvis visitations” that have occurred since Presley’s ostensible death and the general high weirdness of Elvis’s life. As Conner convincingly argues, Elvis was not just a one-of-a-kind rock-and-roller. He was the greatest magician America ever produced and a key player in transforming Western culture forever.



**Miguel Conner** is a writer, voiceover artist, and host of the popular podcast *Aeon Byte Gnostic Radio*. His books include *Voices of Gnosticism*, *Stargazer*, *Heretic*, and *The Executioner’s Daughter*. He lives in northern Illinois.



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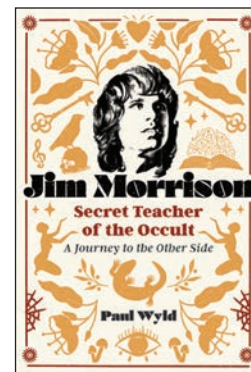
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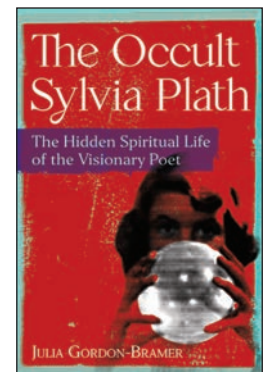
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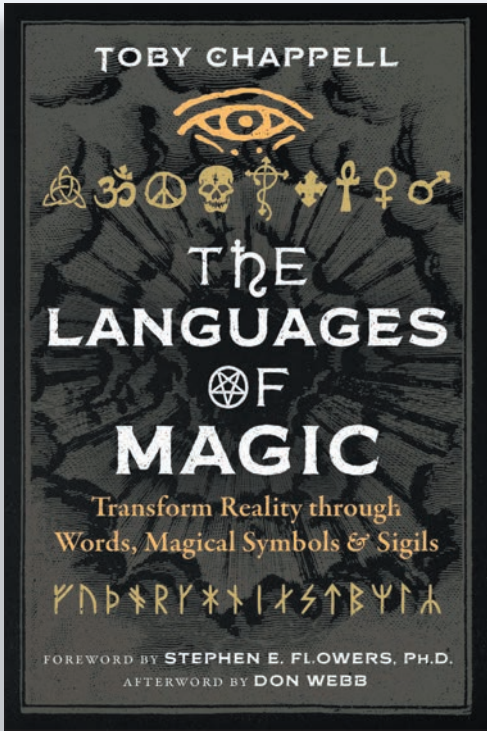
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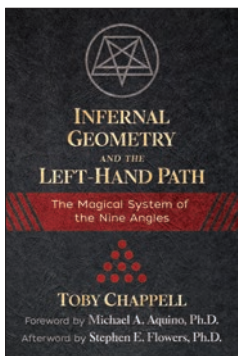


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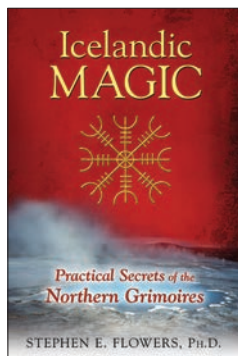


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# The Languages of Magic

Transform Reality through Words,  
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Foreword by Stephen E. Flowers, Ph.D.

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A guide to magic as communication

- Introduces key ideas in linguistics and semiotics to reveal how magic works
- Reveals how to apply effective communication techniques to your magical practice
- Includes case studies of magical schools, such as Hermetic magic, sigil magic, Thelema, the Church of Satan, Chaos Magic, and the Temple of Set

In this illuminating and deeply informative guide, practicing magician Toby Chappell takes readers on a journey into the heart of what it means to transform reality by exploring what magic is. He explains that operative magic works because it is communication. The practitioner of magic is communicating with the unmanifest to align the outside world with their inner transformations, desires, and needs.

Drawing on linguistics and the analytical techniques of semiotics, the author explores how we perceive and affect the world by treating it like a partner in communication. He shows how this notion of magical communication appears in ancient practice, looking specifically at Hermetic magic and the spells of Greek magical papyri, sigil magic, Enochian magic, and runes. He explains the symbol-building necessary to effectively transform your inner and outer reality with magical speech, signs, and sigils. The author examines the languages of magic in modern New Thought practices, and he also looks at magical communication in several modern and postmodern schools of magic, including Thelema and the teachings of Aleister Crowley, Thee Temple ov Psychick Youth, the Church of Satan, Chaos Magic, and the Temple of Set.

Revealing how to apply techniques of effective communication to the magical realm, the author allows you to deepen your understanding of magical practice and, ultimately, perform magic with greater success.



**Toby Chappell** is a musician, writer, and lecturer on the intersection of language and magic. An independent researcher and practicing magician, his interests include runes, semiotics, weird tales, and the mysteries of Ancient Egypt. The author of *Infernal Geometry and the Left-Hand Path*, he lives in Atlanta, Georgia.

# Palmistry for Happiness

The Transformational Power of Vedic Hand Reading

GHANSHYAM SINGH BIRLA and GUYLAINE VALLÉE  
with STEVE ERWIN

Foreword by Joni Patry

Understand your past and shape your future with Vedic Palmistry

- Discover how the lines and features of our hands are a direct reflection of our thoughts, attitude, and behavior and that it's possible to change our lines and create our destiny
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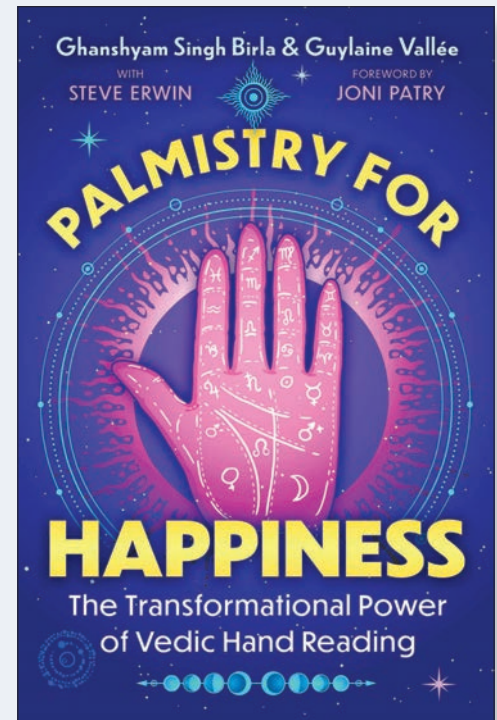
In this detailed guide to the art and science of Vedic palmistry (*Hast Jyotish*), renowned Vedic palmist-astrologers Ghanshyam Singh Birla and Guylaine Vallée reveal how the lines on our hands are a direct reflection of our thoughts, behavior, and energies—and that it's possible to change our lines and shape our destiny. Sharing insightful case studies that illustrate the connection between changed behavior and changed handprints, the authors teach us how to interpret what our palms tell us about where we have been, where we are now, and where we are capable of going. They explore the meaning of different lines and signs on the palm, including the correspondence between the Life Line and happiness and the minor lines and mindfulness. They show how changes in energetic vibrations, karma, and relationships are reflected in our hands, as well as how the five elements and the chakras are seen on the palm.

Sharing “before” and “after” handprints, the authors point out improvements in the lines of the hands and other visible indicators of positive change, including the demonstrable effects of mantras and breathing techniques on signs of happiness appearing over time. With this guide, you will not only be able to discover the personal blocks to happiness reflected on your hands, but also watch them transform as you shift your mindset and welcome a more positive life.



**Ghanshyam Singh Birla (1941–2024)**, was a renowned Vedic palmist-astrologer. The founder of the Birla Vedic Center for Palmistry and Astrology, he is the author of several books, including *Magnet Therapy*. **Guylaine Vallée** is a Vedic astro-palmist, television host, and teacher for the Birla Center. The author of *The Happy Palmist*,

she lives in Chénéville, Quebec, Canada.



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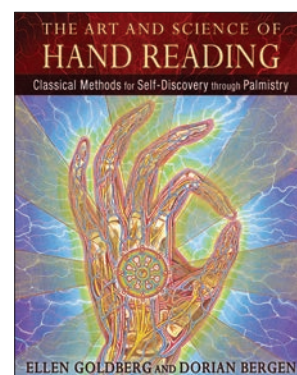
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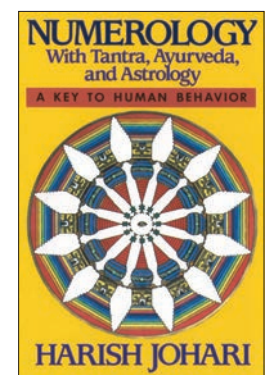
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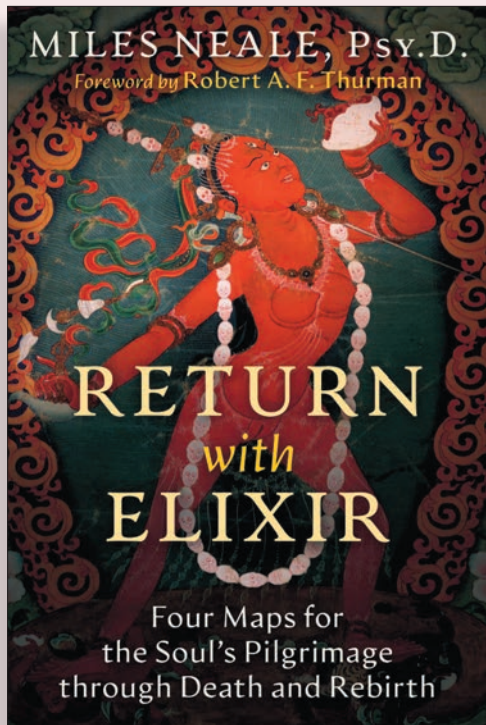
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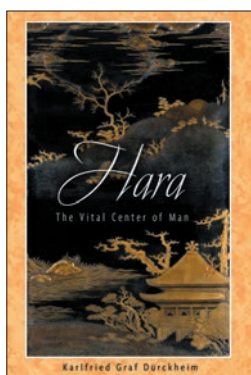
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# Return with Elixir

Four Maps for the Soul's Pilgrimage through Death and Rebirth

MILES NEALE, Psy.D.

Foreword by Robert A. F. Thurman

A step-by-step guide to reclaiming the soul

- Shares four maps for spiritual rebirth based on Joseph Campbell, Carl Jung, Tibetan Buddhist philosophy, and the precession of the equinoxes
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Exploring wisdom from mystical traditions and perennial philosophy on “dying before you die,” Buddhist psychotherapist Miles Neale shares his own hero's journey of rebirth, providing a detailed roadmap for the pilgrimage through dissolution, into the great mystery, and back again to the world. He shares his transformation through a spiritual crisis and, ultimately, his creation of a more meaningful life. He provides four intersecting maps to help guide readers through the experiential process of metaphoric death, reclaiming the soul, and sharing one's genius with others. These four maps—the cosmological map, psychological map, alchemical map, and mythopoetic map—draw on the mythological stages of Joseph Campbell, Carl Jung's process of individuation, the Tibetan Buddhist alchemy of conscious rebirth, and the astrological phenomenon of the precession of the equinoxes, offering a detailed philosophical underpinning for the soul's journey to immortality. He also provides in-depth visualization practices based on ancient Tibetan wisdom to support you on the path of self-realization.

Integrating Tibetan Buddhism with psychology, trauma healing, neuroscience, and mythology, along with profound personal experience, Neale provides a step-by-step manual for spiritual rebirth, revealing how to reframe life's unrelenting challenges and transitions as opportunities for psychological growth.



**Miles Neale, Psy.D.**, is a psychotherapist, teacher of Tibetan Buddhism, and founder of the Gradual Path, through which he leads inner and outer pilgrimages of spiritual transformation around the world. The author of *Gradual Awakening* and co-editor of *Advances in Contemplative Psychotherapy*, he lives in Bali, Indonesia.

# The Call to the Far Shore

Carrying Our Loved Ones through Dying, Death, and Beyond

NANCY MacMILLAN

Foreword by Robert Sardello

How to care for the dying for their healing, ours, and the world's

- Explores how to carry our loved ones through death, how to honor their bodies and spirits, and how to awaken to the ever-present help of our ancestors
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- Offers guidance on advance-care planning, grieving, and forgiveness as well as green burial

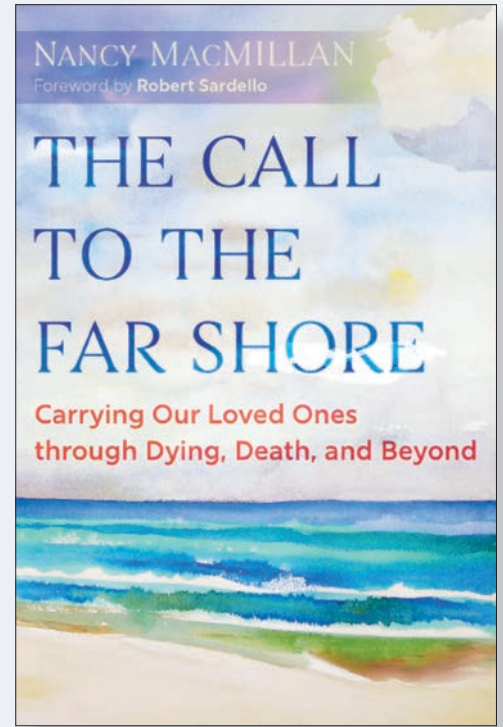
Having become disconnected from the natural cycles of life, we have lost the fundamental knowing of what death looks like, and fear fills the void. How can we transform our fears surrounding death and be with the dying more fully and more consciously?

Through her work with the dying, Nancy MacMillan reveals the very real imaginal world where nature, myth, dreams, ancestors, and those yet to be born whisper from the far shore, a place beyond our last breath. She reminds us that caring for our dying consciously is a transformative act, radical even, in restoring meaning to our place and purpose in the universe. She explores how to carry our loved ones through death, how to honor their bodies and spirits, and how to awaken to the ever-present help of our ancestors. She shows how the practice of caring for the dead can help both those grieving and the newly dead, and she reveals how healing and closure can be brought about through the process of washing and preparing a body for a home vigil or funeral—a ritual she provided for her own mother.

Sharing personal stories, Nancy offers guidance on advance-care planning, grieving, and forgiveness as well as green burial. Through her own close encounters with the specter of death, the author shows how to follow the ancient wisdom of “learning to die before you die” and find a seaworthy passage to our far shore.



**Nancy MacMillan** is a registered psychotherapist and retired certified spiritual care practitioner with master's degrees in education and theology and experience working in palliative care, intensive care, geriatrics, and bereavement. She lives outside of Kingston, Ontario.

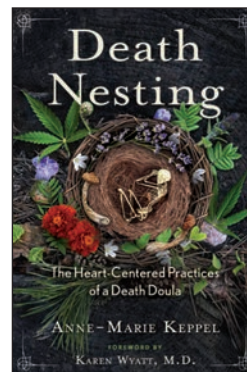


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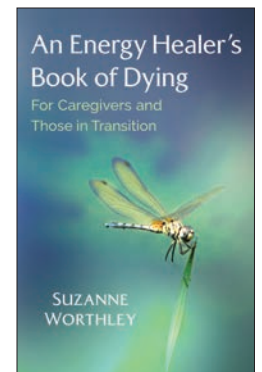
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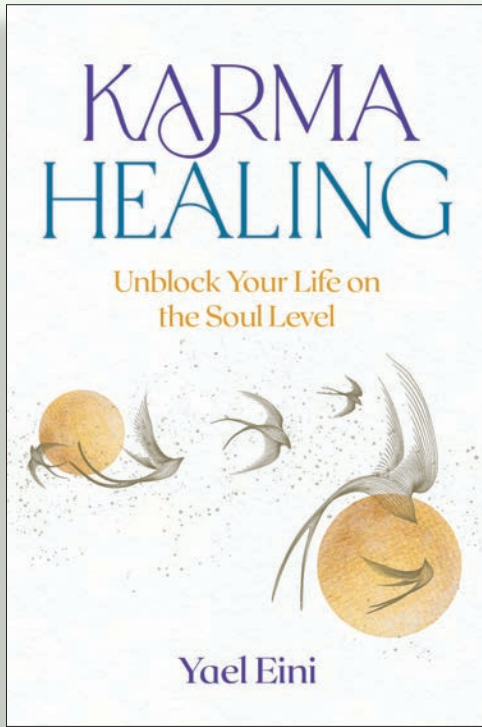


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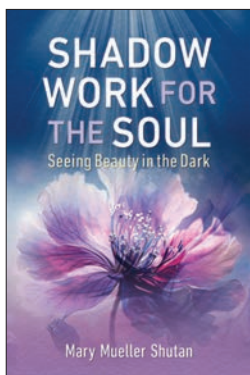
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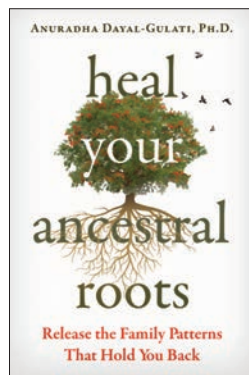
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# Karma Healing

Unblock Your Life on the Soul Level

Yael Eini

How Karmic Constellations can help you understand and transform your soul path

- Shares techniques to release past-life traumas, untie karmic knots, dissolve limiting beliefs, and rewrite soul contracts
- Explains the soul path with the help of Karmic Constellation, combining elements of energy healing and family constellations
- Explores the concepts of karma, soul lessons, and soul families

Embark upon a transformative journey to heal your karma on the soul level. Sharing practical techniques and illuminating stories, author Yael Eini explores the intricate web of karmic patterns and soul lessons that shape our lives as well as provides guidance on releasing past traumas, dissolving limiting beliefs, and rewriting soul contracts.

Exploring the concept of karma and its profound impact on our present lives, Eini explains how to identify and work through soul lessons, past life experiences, reincarnation patterns, and the karmic knots holding you back. By understanding and resolving these deep-rooted issues, you can align with your soul's purpose and unlock your true potential. The author details the transformative power of Karmic Constellations, a method she developed, which combines elements of energy healing and of family constellations to intuitively engage with past lives, soul contracts, and soul lessons. Through real-life examples, the author illustrates how understanding and working with Karmic Constellations can facilitate profound self-transformation and healing.

Examining the role of soul contracts and agreements in shaping our life experiences, Eini offers guidance on how to influence and transform these contracts to support personal growth. She also explores the concept of shared karma and the impact of our soul family on our life's path. Providing insightful guidance and transformative practices, this book offers profound support to help you deepen your understanding of your soul's evolutionary journey and its karmic lessons.



**Yael Eini** is the developer of the Karmic Constellation method and an internationally acclaimed teacher with more than two decades of experience. A certified family constellation teacher with a master's degree in family counseling and extensive training in energy healing, trauma work, and Somatic Experiencing, she lives in Israel.

# Shamanic Healing for Toxic Relationships

Dissolve Old Soul Contracts and Retrieve Lost Soul Parts

STEFAN LIMMER

Transform toxic relationships on the energetic level

- Explains how to dissolve old soul contracts, discover the healing power of archetypes, and integrate rediscovered parts of our soul
- Offers practices, such as dialoguing with our soul, and rituals to clear and strengthen our aura, harmonize the four elements, and activate the power of our ancestors
- Includes a potent shamanic soul journey to our soul archetypes as well as a personal hero/heroine's journey for transformation

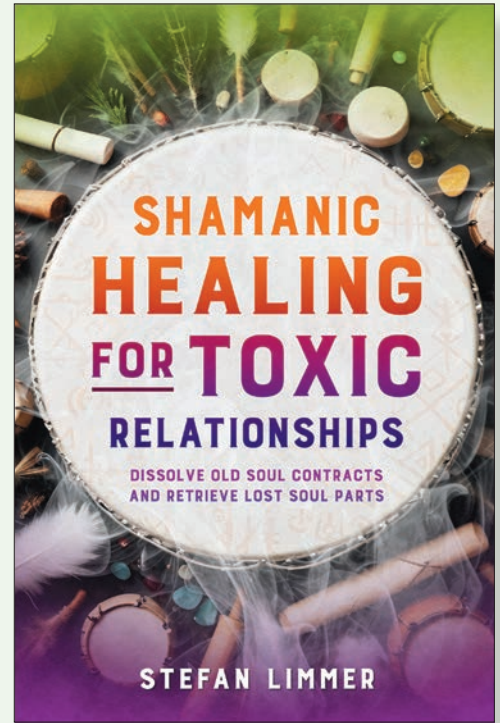
Stressful partners, false friends, demanding bosses, abusive parents—we encounter toxic personalities everywhere. Relationships with toxic people often spiral from good to bad and back again leaving you feeling stuck and powerless. Yet there are ways to free yourself from these patterns and regain a sense of empowerment in your life.

In this guide, Stefan Limmer explains how we can track the causes for toxic relationships and heal them using shamanic techniques. He explores the origin of our trauma, such as lost or exchanged soul parts, blocked soul contracts, and unresolved relationship problems passed down from our ancestors. He explains how to dissolve old soul contracts and integrate our rediscovered parts through dialoguing with the soul. He shares rituals for clearing and strengthening the aura, harmonizing the four elements, and activating our ancestral power. He also offers a potent shamanic journey to our soul archetypes in order to dissolve what is no longer needed and access healing. Exploring different modes of consciousness through drumming and smudging, the author also offers a personal hero's/heroine's journey of transformation.

Revealing how to transform past and present relationships on an energetic level, this guide shows how to shamanically heal toxic relationships and better protect ourselves from toxic influences in daily life.



**Stefan Limmer** is naturopath and shaman trained in the shamanic tradition of Michael Harner and has studied Lakota traditions as well as Peruvian and European shamanism. Founder of a naturopath school, he is the creator of an integrative shamanic transformation therapy and facilitates workshops and teacher trainings. A prolific author, he lives in Southern Germany.



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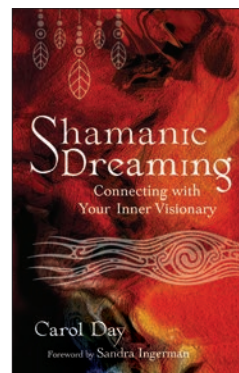
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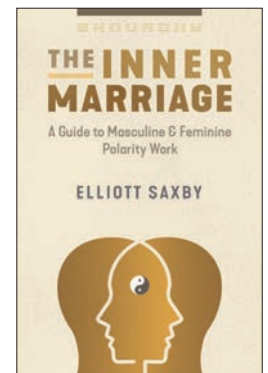
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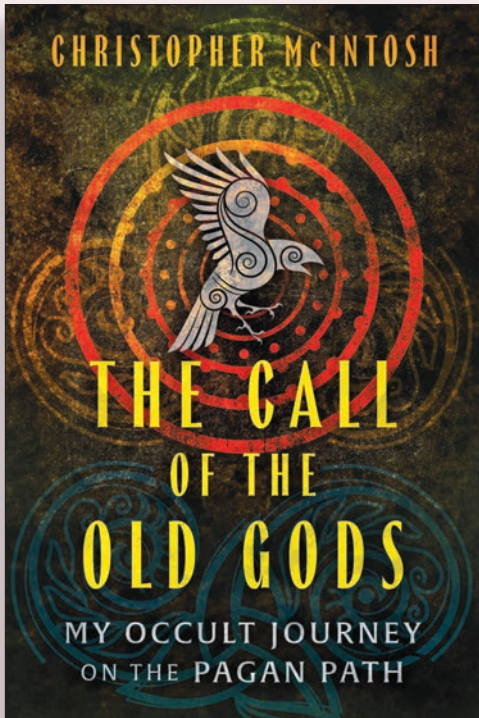
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# The Call of the Old Gods

My Occult Journey on the Pagan Path

CHRISTOPHER McINTOSH

Personal revelations on living a magical life

- Examines the rise of Paganism in Europe and the U.S. from the late twentieth century
- Explores numerous pagan and esoteric practices, including Stav (a form of Nordic Tai Chi), sacred gardening, breath work, and many seasonal rites, rituals, and ceremonies
- Includes rare personal accounts of the author's friendships with pagan luminaries and occult scholars

For millions of people, the spiritual journey is focused on a God in heaven. But what if the answers we are seeking lie in the re-enchantment of life? In this illuminating work—part memoir, part meditation—scholar and pagan practitioner Christopher McIntosh takes readers on the deeply personal quest that led him to paganism, illustrating how forming stronger connections to the world around us awakens the magic that lives within us.

There was a time when McIntosh believed that a spiritual path should fulfill four centers: the soul, the mind, the heart, and the belly. He later discovered, however, that there was a fifth component to this mystical equation: the feet. The land on which we stand and to which we feel a profound relatedness is the key to wholeness and inner peace. These subtle but significant realizations about connection to the land and nature inspired McIntosh and ultimately led to his following of what he calls “the Fivefold Path.” He also recounts pivotal meetings with pagan luminaries and important figures from esoteric scholarship, the arts, and the occult renaissance of the twentieth century, including Colin Wilson, Joscelyn Godwin, Keith Critchlow, and Nicholas Goodrick-Clarke, as well as offers an evolving portrait of the occult scene of the late twentieth century.

Woven throughout with examples of seasonal rites and rituals, reflections on sacred gardening, and the practice of energetic breath work, as well as a deep dive into Stav, a form of Nordic Tai Chi, this book provides valuable insight into the pagan world as both a field of study and a system of practice.



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**Occult Russia**

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**Christopher McIntosh** is a British-born writer and historian specializing in the esoteric traditions of the West. He has a doctorate in history from Oxford University, a degree in German, and a diploma in Russian. The author of many books, including *Beyond the North Wind*, *Occult Russia*, and *Occult Germany*, he lives in Lower Saxony, North Germany.

# Life-Changing Synchronicities

A Doctor's Journey of Coincidence and Serendipity

BERNARD BEITMAN, M.D.

Foreword by Roderick Main, author of *Breaking the Spell of Disenchantment*

A psychiatrist's review of a lifetime of synchronicities

- Tells the author's personal stories of unlikely coincidences, showing how synchronicity can be identified and evolve in one's own life
- Explores how recognizing synchronicity and serendipity can help individuals find their life purpose, accelerate their spiritual and interpersonal development, and positively impact their lives
- Builds on the work of Carl Jung on the significance of synchronicity

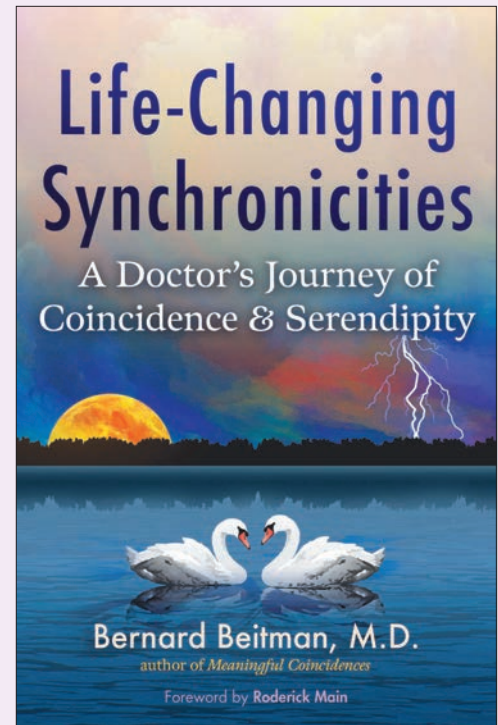
In *Life-Changing Synchronicities*, pioneering psychiatrist Bernard Beitman, M.D., explores the experience and ramifications of meaningful coincidences, including how synchronistic happenings came to define his own life. Building on Carl Jung's groundbreaking work on this phenomenon, Beitman applies new insights on coincidence, synchronicity, serendipity, and related phenomena to the contemporary age, ultimately helping readers begin to better identify patterns of synchronicity in their own lives, find deeper meaning, and more consciously align with their personal life path and goals.

The unlikely trajectory of the author's own life reveals the strange and counterintuitive nature of synchronicity. From Wilmington, Delaware, to 1960s-era San Francisco, Beitman explores his experience with precognition and telepathy while playing high school football, his life as a psychiatric medical school student and hippie in Haight-Ashbury, and his rise to become head of psychiatry at University of Missouri-Columbia Medical School while developing The Coincidence Project. Throughout the book Beitman provides tools to better illustrate synchronicity, offering insightful comments and principles in each section to synthesize useful reflections and serve as a guide for readers' own "coincidence diaries," as well as provides useful questions for readers to reflect on.



**Bernard Beitman, M.D.**, a graduate of Yale Medical School, did his psychiatric residency at Stanford University. The former chair of psychiatry of the University of Missouri-Columbia Medical School for seventeen years, he writes a blog for *Psychology Today* and is the author of *Meaningful Coincidences*. The founder of The Coincidence Project, he lives

in Charlottesville, Virginia.

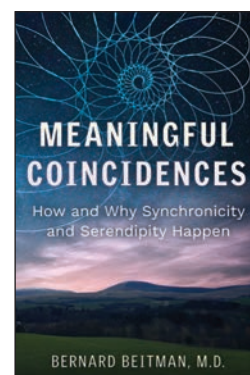


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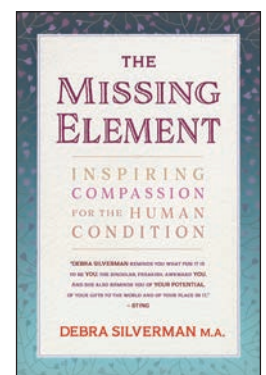


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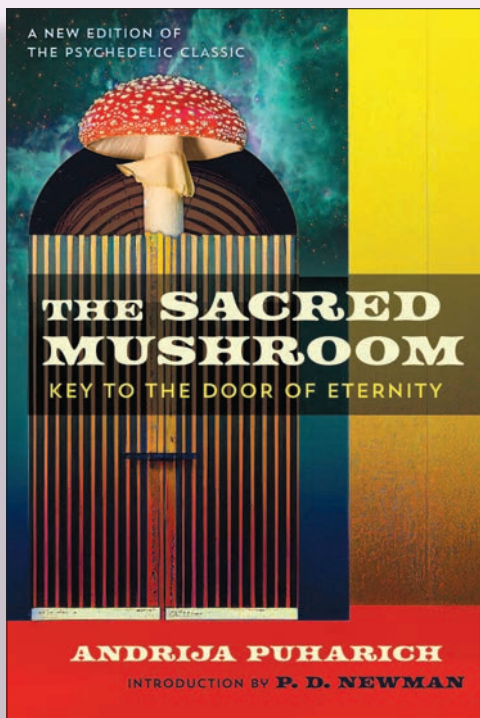
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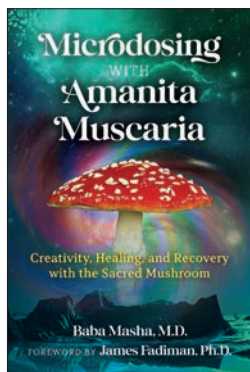
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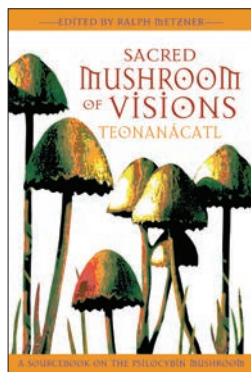


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# The Sacred Mushroom

Key to the Door of Eternity

ANDRIJA PUHARICH

Introduction by P. D. Newman

A new edition of the psychedelic classic

- Shares the author's research on extrasensory perception (ESP) and the psychic effects of hallucinogenic mushrooms
- Describes ancient Egyptian spiritual practices centered on *Amanita muscaria* (fly agaric) mushrooms
- Details the author's research work with R. Gordon Wasson and his experiments with Aldous Huxley and famed psychic Peter Hurkos

In 1954, while conducting scientifically rigorous experiments on psychic abilities at his research laboratory in Maine, neurologist Andrija Puharich, M.D., received a call from a wealthy supporter of the lab about an unusual subject worthy of further research: Harry Stone, a young sculptor with unusually acute extrasensory perception. When handed an ancient Egyptian artifact, Harry falls into a deep trance, drawing hieroglyphic symbols, including mushrooms, and describing, using ancient Egyptian phrases, a drug that can enhance psychic abilities.

Intrigued, Dr. Puharich studies Harry's trance-induced statements and discovers that they are clearly describing ancient spiritual practices involving *Amanita muscaria* (fly agaric) mushrooms. He begins direct investigations with Harry at his lab in Maine, learning more about the use and preparation of the sacred mushroom as well as about astral travel and past lives. Dr. Puharich shares his research with ethnomycologist R. Gordon Wasson, who is about to travel to Mexico on a CIA-funded research trip, and the two researchers agree to test telepathic communications between the lab in Maine and a Mexican curandero. The results of the psychic experiment lead Puharich to discover *Amanita muscaria* growing in the wild near his research facility.

Now with a supply of the sacred mushroom, Dr. Puharich begins to study its psychic and visionary potential and the veracity of Harry Stone's channeled Egyptian statements. He studies the effects of *Amanita muscaria* not only on Harry, but also on famed psychic Peter Hurkos and other visitors to his lab, including Aldous Huxley. This new edition of the psychedelic classic includes an in-depth introduction by psychedelic historian P. D. Newman.



**Andrija Puharich, M.D.** (1918–1995), was a neurologist and prominent investigator of the paranormal. After completing his studies at Northwestern University medical school, he set up his own laboratory in Maine for the study of extrasensory perception (ESP).

# Sacred Forest Bathing

The Healing Power of Ancient Trees and Wild Places

ELLEN DEE DAVIDSON

Reconnect with nature for healing, creativity, and expanded awareness

- Presents receptivity techniques and forest bathing protocols to help you cultivate a sensitivity to nature
- Shares the author's awakenings within an ancient redwood forest, including prescient dreams and telepathic tree communication
- Shows how forest bathing can calm, soothe, and heal our bodies, minds, and spirits

Advancing the practices of forest bathing and nature therapy to mystical levels, Ellen Dee Davidson explores the profound healing, heightened creativity, and intuitive states of consciousness available to us when we commune deeply with nature.

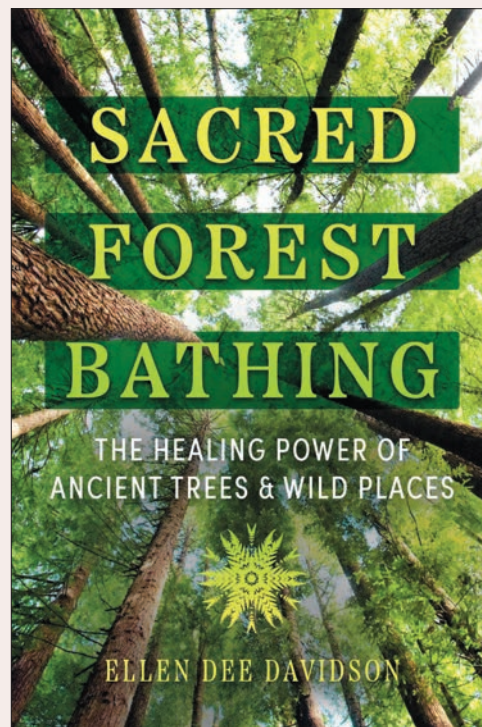
Weaving together environmental science, wilderness adventure, goddess mythology, and the sentience of old growth redwoods, the author shows how to cultivate a sensitivity to the forest and open a channel to its wisdom. She presents simple techniques of receptivity, some from her Buddhist mindfulness practice, along with forest bathing protocols to help you strengthen your bond with nature and learn to listen deeply to the denizens of the forest, especially trees. She examines the scientifically proven healing benefits of spending time in nature, showing how forest bathing can calm, soothe, and heal our bodies, minds, and spirits. She recounts her own remarkable healing after twenty years suffering from fibromyalgia and chronic fatigue.

Revealing how ancient trees can help expand our consciousness, the author shares her awakenings within an ancient redwood forest, including prescient dreams and telepathic tree communication. She also explores deities, elementals, and spirits connected to forests and trees, including dryads, the Norse goddess Freyja, and Elen of the Ways, one of the earliest goddesses in Britain.

This book shows how, when humans listen deeply to nature and allow the living biosphere to be our guide, restoration of ourselves and our world is possible.



**Ellen Dee Davidson** has worked as a creative writing, piano, and elementary school teacher and is the author of a number of children's books, including *Wind*, which won the Nautilus Gold Award, and *The Miracle Forest*. She is a member of TreeSisters, Awakening Women, and the Earth Treasure Vase Global Healing Project. She lives in Bayside, California.

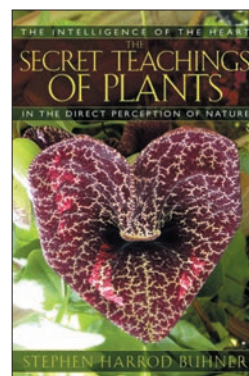


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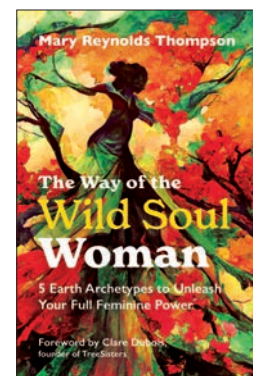
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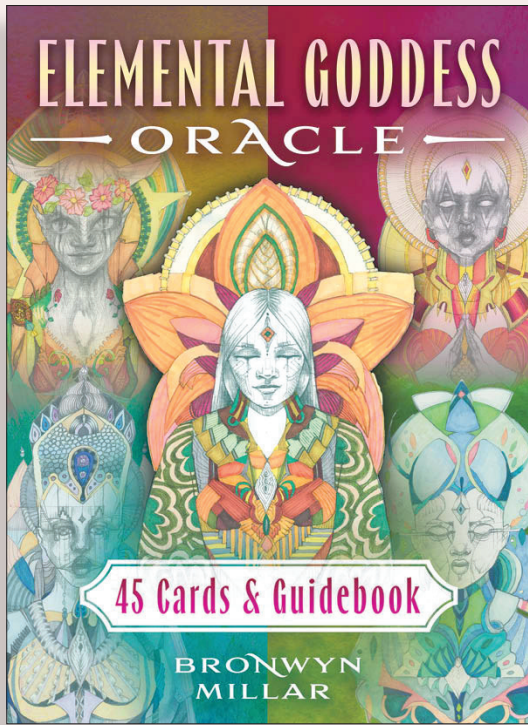


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# Elemental Goddess Oracle

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BRONWYN MILLAR

Discover healing and trauma release through the Sacred Feminine Goddess within

- Includes 45 full-color cards, each featuring an Elemental Goddess from dimensions where the Sacred Feminine is active
- Blends channeled goddess wisdom, the Five Elements of Chinese medicine, trauma healing techniques, and hands-on acupoint practices
- The guidebook explains how to use the cards and explores each Elemental Goddess in full

Artfully blending interdimensional goddess wisdom, the Five Elements of Chinese medicine, trauma healing techniques, and hands-on acupoint practices, this evocative deck and guidebook introduces 45 Goddesses, each from dimensions where the Sacred Feminine is active. Speaking through the author, the Elemental Goddesses share their healing wisdom on releasing sexual trauma, shame, and taboo and show us how to embrace and love our bodies, our sensuality, and our feminine power and magic.

Each card features a hand-drawn symbolic portrayal of an Elemental Goddess, each named for her theme or the acupoint she is connected with. In the accompanying guidebook, the author explores each Elemental Goddess in full, explaining her elemental aspects, her healing guidance, her acupoints, and the emotions she is connected with, as well as provides an affirmation and a release meditation to help you integrate her lessons. She also explores how to use the cards, including in a Five Element spread, three-card draws, and traditional tarot spreads.

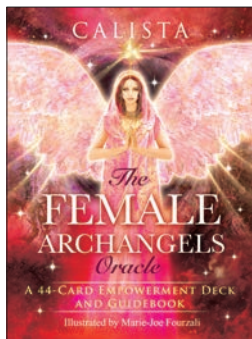
Marrying our physical, earthly elemental experience with our inner divinity, this oracle enables deep, multi-layered release of trauma and pain and an awakening of self-expression and creativity by combining goddess empowerment, bodywork, and elemental healing.

**Bronwyn Millar** is an artist, writer, and kinesiologist who discovered the healing wisdom of interdimensional goddesses during meditation sessions. She lives in South Africa.



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# Feng Shui with Archangels, Unicorns, and Dragons

How to Transform the Energies of Your Home and Life

FRANZISKA SIRAGUSA

Foreword by Diana Cooper

## Create harmony and balance with 5D Feng Shui

- Connects you with your personal angel, unicorn, and dragon to energetically clear your home and life and bring in higher frequencies
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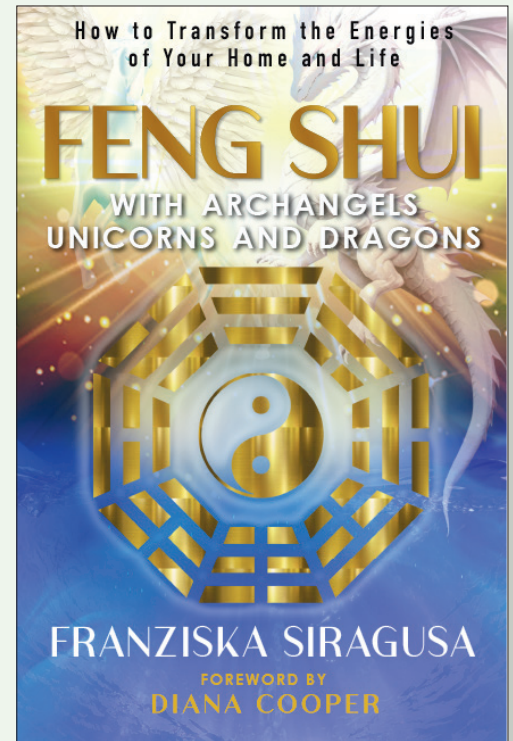
In this 5D Feng Shui guide, ascension teacher Franziska Siragusa shows you how to activate the flow of cosmic abundance in your home and life with the support of archangels, unicorns, and dragons.

Introducing us to the realms of these higher beings, Franziska provides practices to connect and interact with angels, unicorns, and dragons and work with them to help clear spaces and infuse them with positive, uplifting energy and higher frequencies. Detailing a 10-week journey of transformation, the author presents weekly activities and exercises to help you flourish and energetically clear specific areas of your home and life, beginning with meeting the angel of your home and drawing your own 5D Feng Shui Bagua of Higher Aspirations. Through this book you will meet your personal unicorn, dragon, Guardian Angel, and your overlighting Archangel. You will learn to program crystals to help you declutter, realize your life mission, and activate your abundance codes. You will learn to open your heart to higher love with the Goddess Kuan Yin, restore your health and accelerate your conscious evolution with Ascended Masters, and download the energies of the Archangels. The author also looks at the 12-chakra system and the universal vibrations of numbers 1 through 9, showing how to bring their energies into your life.

Revealing how inner and outer life—our energies and our homes—are intimately connected, Franziska shows how angels, unicorns, and dragons can help you bring harmony, abundance, and good energy flow into your home and all aspects of your life.



**Franziska Siragusa** is an international ascension leader and principal teacher of the Diana Cooper School of White Light. She teaches online and travels worldwide to conduct workshops and certified teacher trainings. She lives in Italy.



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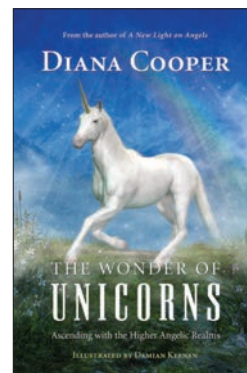
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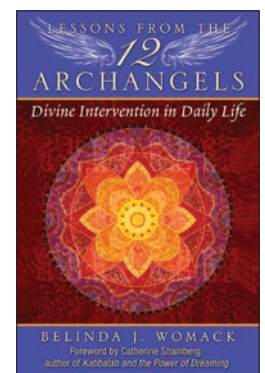
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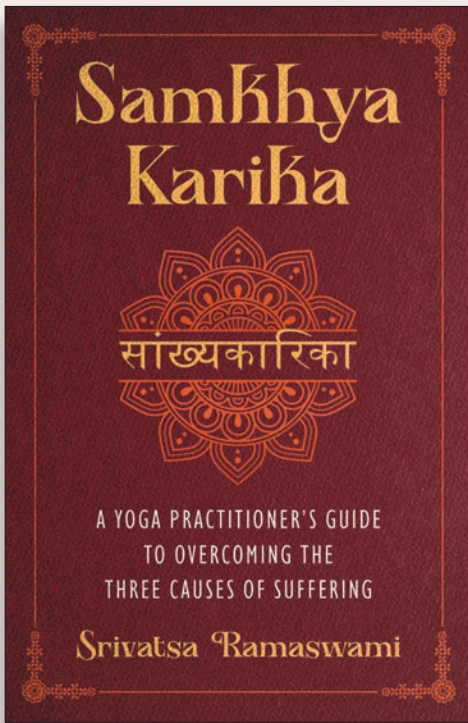
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# Samkhya Karika

A Yoga Practitioner's Guide to Overcoming the Three Causes of Suffering

SRIVATSA RAMASWAMI

A detailed guide to Samkhya Vedic philosophy and how to break free from the cycles of rebirth

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- Shows how *Samkhya Karika* explains the origin and evolution of the universe and how it identifies the true nature of the Self, the Atman, as unvarying consciousness distinct from the body-mind complex

Along with Yoga and Vedanta, Samkhya is one of the three schools of Vedic philosophy that teach the individual how to break free from the cycles of death and rebirth. *Samkhya Karika* is the earliest surviving text on Samkhya, a brilliant masterpiece written by 4th-century Indian poet and philosopher Ishvara Krishna, who was considered to be an avatar of the Classical Sanskrit poet Kalidasa.

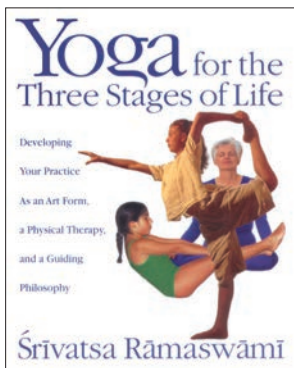
Presenting a translation of *Samkhya Karika* from the original Sanskrit along with detailed commentary, Srivatsa Ramaswami explores the meaning of all 72 *slokas* (verses) word by word, providing helpful explanations and annotations to aid in your understanding. He shows how Samkhya philosophy explains the origin and evolution of the universe and how it identifies the true nature of the Self as unvarying consciousness, distinct from the empirical body-mind complex. He reveals how *Samkhya Karika* explains the three *dukkas*, or causes of suffering, and how to deal with them to reach the goal of Samkhya: *kaivalya*, a state of deep contemplation where one is unafflicted by pain and eternally free from the cycle of *samsara*.

Providing a user-friendly guide to Samkhya for yoga practitioners and students of yoga philosophy, this book also shares insightful teachings on *Samkhya Karika* from the author's teacher, the legendary Sri Krishnamacharya, hailed as "the father of modern yoga."

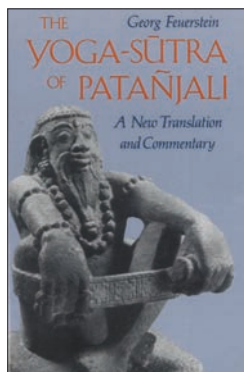


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**Srivatsa Ramaswami** studied with yoga teacher Sri Krishnamacharya in India for 33 years, from 1955 until Krishnamacharya's passing in 1987 at the age of 100. He taught yoga in universities, hospitals, and schools in India for more than 20 years and was visiting faculty at Loyola Marymount University for 15 years. The author of many articles and

four books, including *Yoga for the Three Stages of Life*, he lives in Chennai, India.

# The Sorcerer's Scholar

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A deluxe boxed set of three scholarly works on magic by professor Claude Lecouteux

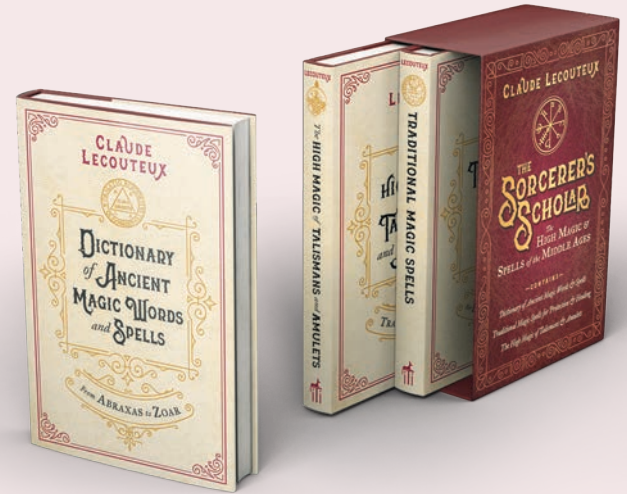
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**Claude Lecouteux** is a professor emeritus of medieval literature and civilization at the Sorbonne. He is the author of numerous books on medieval beliefs and magic, including *Tales of Witchcraft and Wonder* and *The Book of Grimoires*. He lives in Paris.



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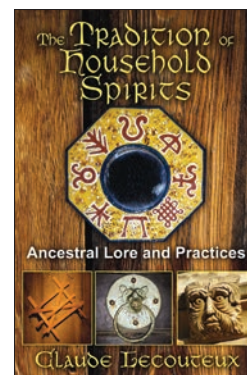
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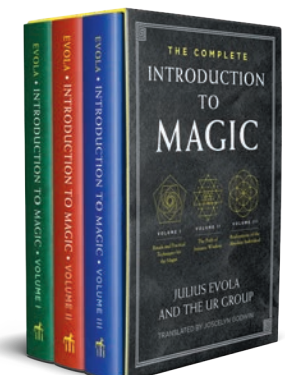
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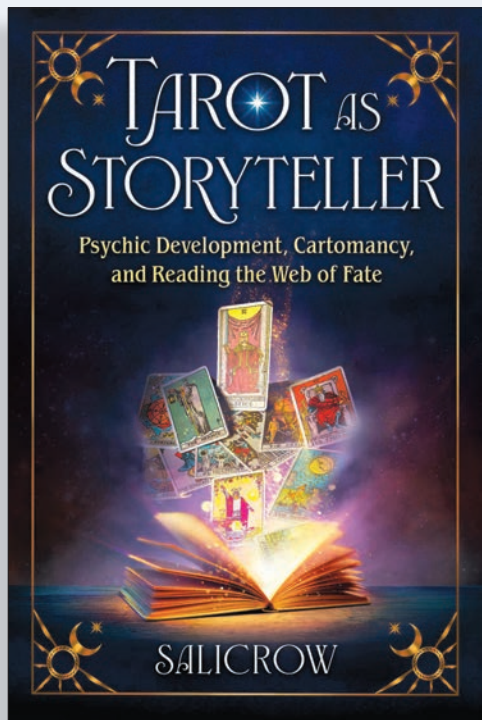
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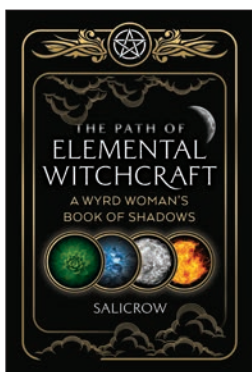
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# Tarot as Storyteller

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Learn how to intuitively read divination cards

- Explores cartomancy as psychic storytelling, outlining techniques to develop intuition, psychic ability, and analytical questioning
- Explains how to look deeply at the symbolic pictures each card provides and open your mind to the tale being told through your intuition
- Shows how to interpret each card's symbolism through activated prayer, spell work, and guided journeys that introduce readers to the Major Arcana as personal experiences

People have long used tarot, oracle, and playing cards for guidance and a clearer understanding of the past, present, and future. Clarity, however, is not guaranteed, and the symbolism of the cards may lead to more questions than answers.

In this guide to the art of cartomancy, psychic medium Salicrow shows beginner and seasoned practitioners alike how to read divination cards with greater accuracy and more profound insight. She shares practices to help you develop psychic ability, including empathic protection, body dowsing, utilizing sacred space and divine timing, and how to build one's personal symbolic language. She offers techniques for developing intuition and analytical questioning, encouraging the reader to take on the role of storyteller by looking deeply into the symbols and tales that each card holds.

Expanding our concept of each card's symbolism, Salicrow explores the meanings of tarot and oracle cards through activated prayer, spell work, and guided journeys that introduce the Major Arcana as personal experiences. She also shows how to pick a deck, cleanse and bless the cards, and properly store them, and she gives many spreads that look at relationships, career guidance, and healing.

Through her insightful teachings, Salicrow demonstrates that card reading enhances the connection between intuition and imagination. With each reading, one's storytelling ability grows, providing clearer pictures of the players, situations, details, and an inner knowing for how to ask better questions.



**Salicrow** is a natural psychic medium who weaves the traditions of her Irish Traveler and Blackfoot heritage with modern magical techniques. For more than 30 years she has worked as a spirit channel, seer, and intuitive healer, offering readings and teaching workshops throughout the United States and internationally. The author of *The Path of Elemental Witchcraft* and

*Spirit Speaker*, she lives in the Northeast Kingdom of Vermont.

# The Prophecies of Merlin

The First English Translation of the 15th-Century Text

JOHN MATTHEWS and MAARTEN HAVERKAMP

Foreword by R. J. Stewart

Reveals forgotten Arthurian lore hidden in the prophetic language of a medieval text

- Includes the story of Merlin's birth as the son of a demon, how he was born already able to speak, how his magic ensured he was not killed by his babysitter, and details of his affair with the Lady of the Lake
- Shares stories of Percival's first contact with the Grail and King Arthur's connection with the legendary mystical king Prester John
- Includes early Welsh prophecies attributed to Merlin, prophecies compiled by historian Geoffrey of Monmouth, and the letter of Prester John that inspired Columbus

Maarten Haverkamp acquired a French book from 1498 titled *The Prophecies of Merlin* that claimed to be prophecies given by the legendary magician. The book was really a compilation of documents collected by an unknown 13th century monk. Working with John Matthews, Maarten spent 5 years translating the mysteries hidden in this obscure book.

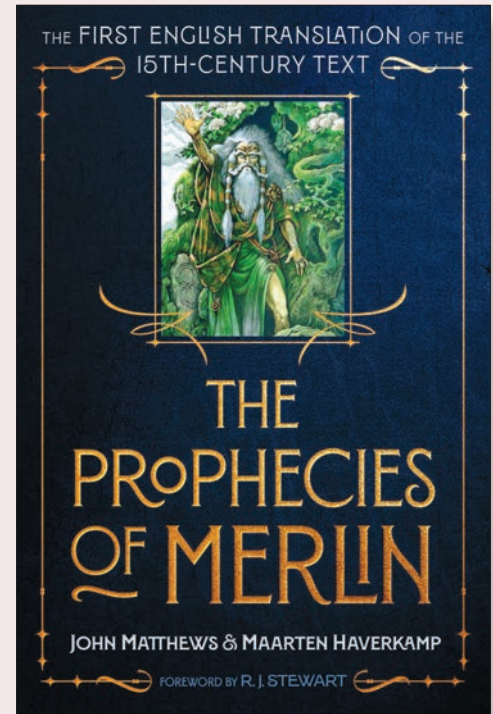
Presenting their translation and commentary, the authors share forgotten stories of early Arthurian literature and magic. They share the tale of Merlin's birth from a demon, how he was born able to speak, and how his magic ensured he was not killed by his babysitter. Merlin's affair with the Lady of the Lake is detailed, ending with his imprisonment in a tomb. Other stories include Percival's first contact with the Grail and King Arthur's connection with the mystical king Prester John. To reveal the esoteric meaning of this work, the authors include Welsh prophecies attributed to Merlin (translated by Matthews), other prophecies attributed to Merlin that were compiled by Geoffrey of Monmouth, and the original letter of Prester John that inspired the Polo family and Columbus to search for India.

Revealing connections to Jewish Kabbalistic sources, the cosmological model of the Theli, and real life magic, the authors also show how *The Prophecies of Merlin* sheds new light on the world of King Arthur and the women who learned magic from Merlin.



**John Matthews** is a teacher and authority on Arthurian tradition. He has authored and coauthored many books, including *The Book of Merlin*, *The Complete King Arthur*, and *The Lost Book of the Grail*. **Maarten**

**Haverkamp** is a senior lecturer at The Hague University of Applied Sciences. He's been collecting medieval books for more than 20 years.



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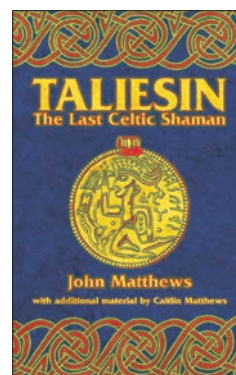
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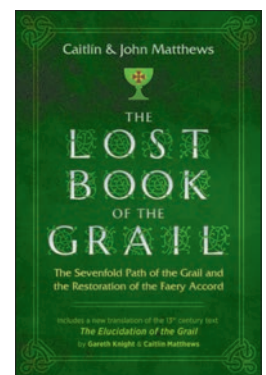


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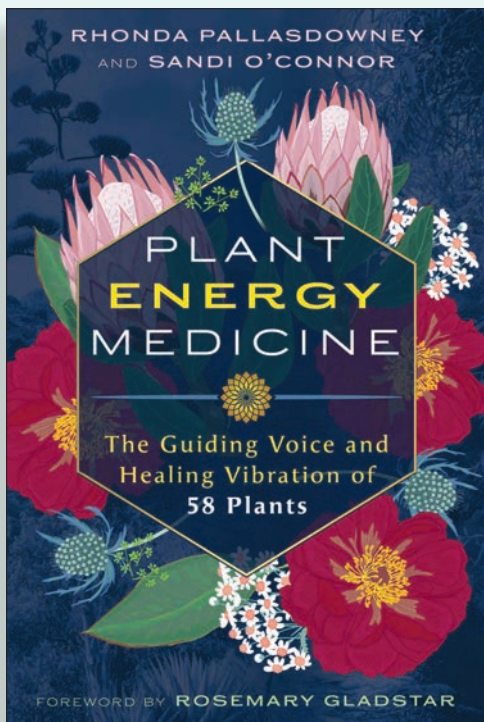
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RHONDA PALLASDOWNEY and SANDI O'CONNOR  
Foreword by Rosemary Gladstar

A guide to connecting with plant energies

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- Each write-up features a full-color close-up photo along with the plant's medicinal and flower essence traits, the voice of its flower, energetic impact on the chakras, and an affirmation
- Also explores plant biofield energetics, how to use flower essences, and the sensory experience of connecting with a plant

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By learning to listen quietly to flowers and plants, we can tune in to the inner teachings they have to offer us. Plants can give us not only healing, they can also teach us how to live a more joyful, harmonic, happy, healthy, and balanced life.

Sharing the teachings they've received through years of attentive listening to flowers, trees, and plants, Rhonda PallasDowney and Sandi O'Connor explore how to deepen your personal experience with the world of plants and connect with their energies. They look at the life force energy of plants, their sensory systems, biofields, electromagnetic energy fields, and their growth from seed to root to stem to leaf to blossom. They offer insight into a sensory experience with a plant, including seeing, movement, taste, texture, and sound. They also teach you how to work with flower essences.

Presenting in-depth teachings on 58 flowers, trees, and plants, the authors explore each plant's medicinal and flower essence traits, the voice of its flower, its insight, energetic impact on the chakras, and an affirmation to help you embody the teachings of the plant. Each plant discussion also features a full-color close-up photo taken by Rhonda PallasDowney that captures the energetic imprint and personality of the plant.

With this guide to the vibrational medicine of 58 plants, trees, and flowers, you can learn how plants communicate with us as teachers and how to listen deeply to their healing wisdom.



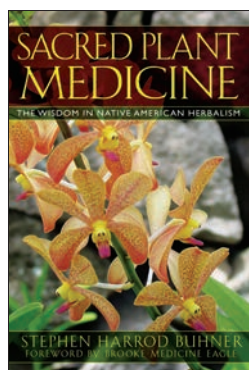
**Rhonda PallasDowney** is an herbalist, flower essence practitioner, formulator, and plant medicine teacher. She is the founder of the Center for Plant Studies and Healing Arts in Cottonwood, Arizona.

**Sandi O'Connor** is an herbalist, plant medicine guide, and flower essence practitioner. She lives in Clarkdale, Arizona. Both Sandi and Rhonda explore and study the doctrine of signatures, symbols, and myths of flowers and plants.

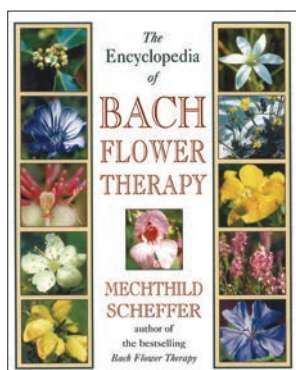


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# Between Lives

Past-Life Regression, Near-Death Experiences, and the Evolution of Consciousness

ANDY TOMLINSON and REENA KUMARASINGHAM

An exploration of consciousness and a practical guide to spiritual evolution

- Explores evidence that shows consciousness exists independent of the brain, drawing on the latest research on savant syndrome, lucid dreaming, telepathy, out-of-body experiences, and past-lives
- Draws comparisons and insights from case studies of between-lives regression and near-death experiences—including one of the author's own—to illustrate their commonalities and objective reality
- Offers tools to raise consciousness, clear past traumas, manage volatile energies, maintain boundaries, and transcend limitations

While neuroscience reveals much about the brain, it has not determined the precise relationship between the brain and consciousness. The authors probe the depths of this relationship while offering practical ways to develop and raise one's own consciousness.

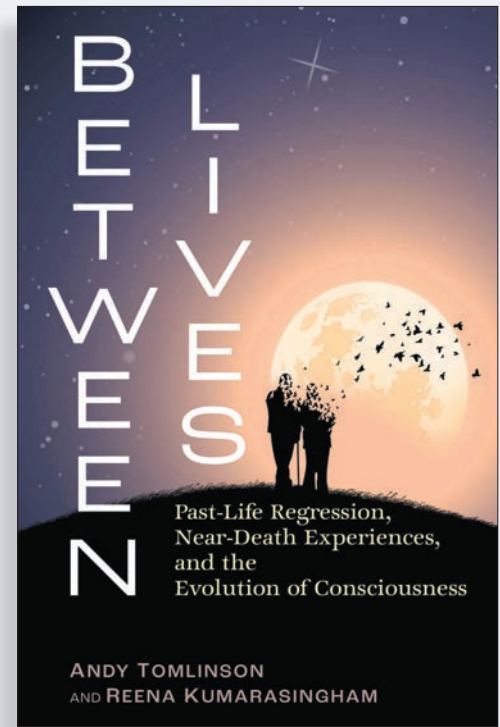
The authors examine evidence that supports the existence of consciousness independent of the brain, such as savant syndrome, lucid dreaming, telepathic communication in dreams, mediumship, and out-of-body experiences. The authors also consider case studies of near-death experiences—including Kumarasingham's own—finding commonalities across such phenomena, particularly with between-lives memories gleaned through regression hypnosis. Readers will gain deeper awareness of the spiritual energy imbued within the physical world and learn how to transcend self-imposed limitations.

This book gives exercises to clear stagnant emotional patterns, strengthen relationships, better manage energies, build effective boundaries, and transcend self-imposed limitations. *Between Lives* offers readers on the spiritual path a means to better understand the nature of their consciousness and more effectively embody and optimize their journey through lives.



**Andy Tomlinson** is a psychotherapist, founder of the Past Life Regression Academy, and a founding member of the Spiritual Regression Therapy Association and the Earth Association of Regression Therapy.

**Reena Kumarasingham** is a regression therapist, between-lives therapist, and trainer and supervisor for the Past Life Regression Academy. Over the last 8 years she has spearheaded the Pioneering the New Consciousness retreats.



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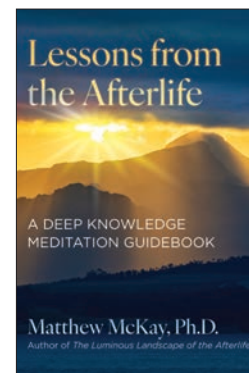
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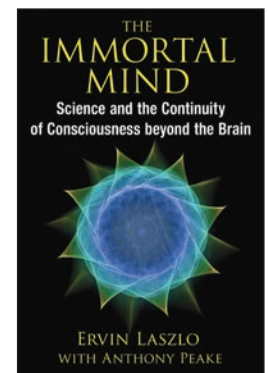
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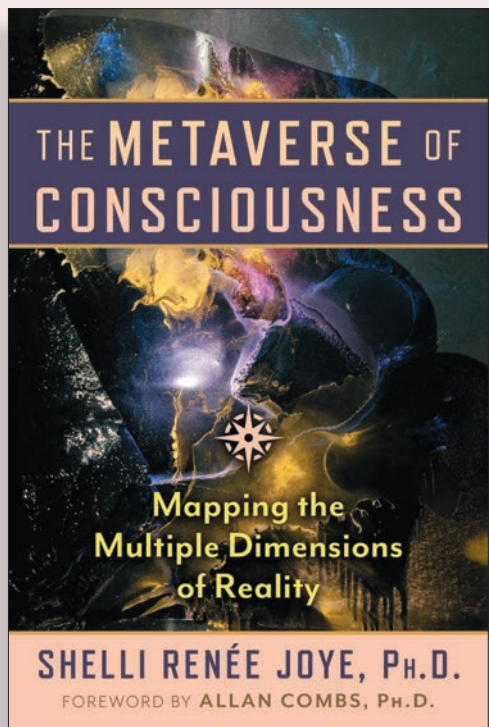


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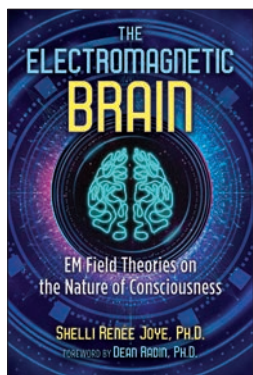


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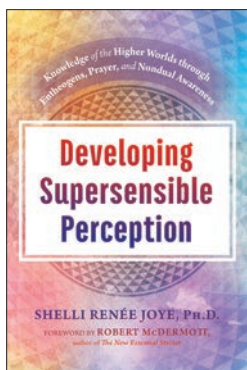


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# The Metaverse of Consciousness

Mapping the Multiple Dimensions of Reality

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An exploration of the entirety of the conscious universe

- Develops the concept of the metaverse, the “transcendental universe,” composed of additional hidden dimensions operating in parallel with space and time
- Integrates and maps the theories of consciousness developed by Carl Jung, David Bohm, Pierre Teilhard de Chardin, and other scientists
- Offers the reader a path into the hidden dimensions through detailed maps of psyche, mind, and cosmos

In her new book, Shelli Renée Joye, Ph.D., explains how the “metaverse”—as this wider universe is now coming to be known—is rooted in one interconnected consciousness, encompassing not only all of space and time, but also those previously unknown dimensions that have been detected by recent experiments at the world’s largest high-energy particle collider in Switzerland. The book offers maps with which to visualize, enter, and explore a multitude of transcendent, non-spatial, non-temporal states and stages of consciousness currently being pioneered by contemporary psychonauts. These detailed maps paint a picture of vast networks, webs of interlinked consciousness forming a single universal psyche.

Joye integrates the ideas of modern scientist-philosophers who view reality as a projection of a single multidimensional consciousness: Carl Jung and his concept of the psychoids, Pierre Teilhard de Chardin and his vision of an integrated noosphere of consciousness, and the quantum maps to consciousness developed by David Bohm. The book culminates with a call to explore transcendental consciousness by developing and following our own uniquely personal paths with which we too can enter the wider dimensions of awareness in the metaverse.



**Shelli Renée Joye, Ph.D.**, has degrees in electrical engineering, Indian philosophy, and consciousness studies. Early in her career she joined John Lilly to research human-dolphin interspecies communication. For 2 years she studied contemplation with Chögyam Trungpa Rinpoche and completed her doctorate in consciousness studies at the California Institute of

Integral Studies. The author of several books, including *Developing Supersensible Perception* and *The Electromagnetic Brain*, she lives in Assisi, Italy.

# Navigating Liminal Realms

Psychonavigation Skills for Lucid Dreaming, Trance Journeys, and Psychedelic Experiences

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Safely explore inner worlds through altered states of consciousness

- Investigates drumming-induced trance states through shamanic journeying
- Provides advanced lucid dreaming training, sharing techniques for inducing lucidity and skillfully navigating our inner cosmos
- Explores the mindful use of psychedelics, offering guidance on setting intention, navigating the experience, and integrating insights

Offering techniques from psychonauts ancient and modern, this guide helps to navigate consciously into altered states and the psyche. Psychonavigation is the art of mindfully exploring the realms of consciousness. It requires a map, a guide, and a clear intention, so one does not emerge overwhelmed and struggling with unexpected shadow material.

Mapping the way as a step-by-step process, the authors take us through 3 pathways for entering altered states: lucid dreaming, shamanic trance journeys, and with psychedelics. With drumming-induced trance journeys, they explore the effect of shamanic drumming on brainwave frequencies alongside recently discovered consciousness teachings from ancient cultures like the Altai of Russia. Their advanced lucid dreaming training offers techniques to induce and maintain lucidity, honing inner navigational tools and integrating suppressed parts of oneself. Finally, they explore how the mindful use of psychedelics can be enhanced by these ancient mystical tools that offer a safe container for optimal integration and meaning making.

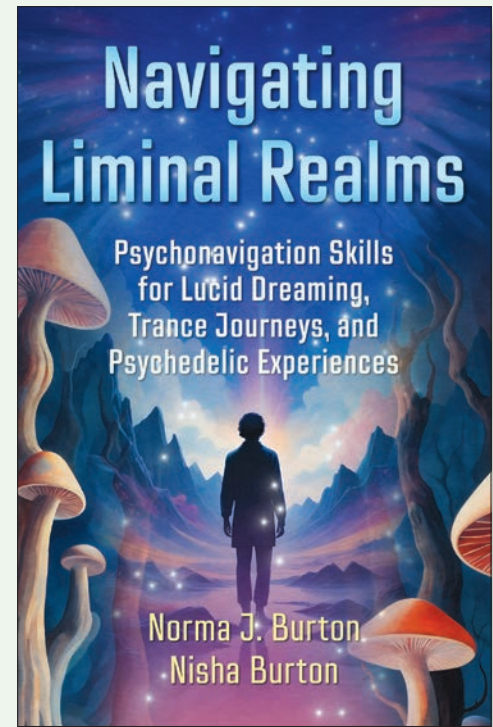
Ancient psycho-spiritual techniques meet ultra-current science in these skillful methodologies that enable seekers to properly process their meaningful experience.



**Norma J. Burton** is a counselor with a degree in comparative religion focusing on Buddhist and shamanic traditions, who specializes in trauma healing, shadow work, and dream analysis. Having apprenticed with

Indigenous elders for over 30 years, she founded the Institute of Ancient Healing Arts and the Circle of Trust Healing Center.

**Nisha Burton** is a dreamworker, award-winning filmmaker, and branding consultant for Fortune 100 companies. She is a speaker and teacher at universities. Norma and Nisha live in Ashland, Oregon.



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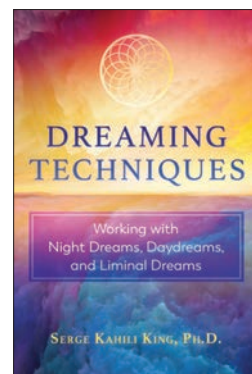
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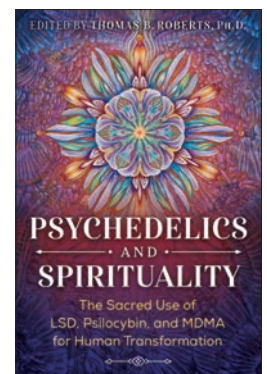
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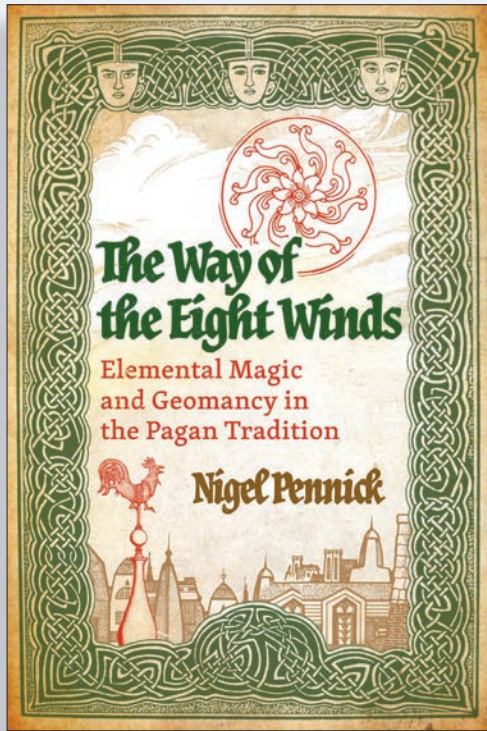


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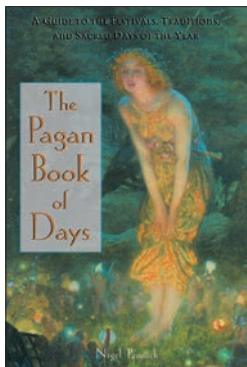


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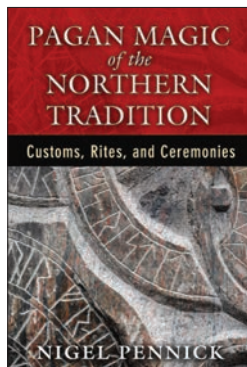


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A guide to the history and practice of traditional European nature-based spirituality

- Examines the Eight Directions and the powers of their Winds, the Tides of the Day, and the eightfold year of modern Pagan practice
- Explores geomancy practices, how to work with spirits of place, and the power of mountains, rivers, caves, standing stones, and crossroads
- Shares spiritual exercises, including runic practices and divination techniques, as well as how to craft your own magical tools

In this guide to the Way of the Eight Winds, Nigel Pennick explores the history and practice of traditional European Pagan spirituality, a path that recognizes and celebrates our relationship with the cosmos and the creativity of nature.

The author looks at the Eight Directions and the powers of their Winds, the Tides of the Day, stations and houses of the Sun, and the eightfold year of modern Pagan practice. He explores practices for restoring a connection with sacred places in the landscape and the Eldritch powers that inhabit them, including working with spirits of place (the *anima loci*), interpreting the lore of trees, and recognizing magical, otherworldly, and spiritual places. He looks at divination techniques, including ostenta and signs, as well as sigils and emblems that emerge from the Wildwood. He explores geomancy and the magic of the landscape, including mountains, rivers, caves, and man-made features such as standing stones and crossroads. He shares spiritual exercises, including meditations, runic practices, and geomantic walking, and explores how to craft your own magical tools and build labyrinths, from small talismanic ones to those large enough to be danced in.

With re-enchantment of life as the goal, Pennick emphasizes the Way of the Eight Winds as a spiritual path that reconnects us to nature, brings us back to the present, and helps us see the world our ancestors venerated.



**Nigel Pennick** is an authority on ancient belief systems, traditions, runes, and geomancy. He is the author and illustrator of more than 60 books, including *The Pagan Book of Days*. The founder of the Institute of Geomantic Research, he lives near Cambridge, England.

# The Occult Harry Smith

The Magical and Alchemical Work of an Artist of the Extremes

Edited with an Introduction by PETER VALENTE

An unusual collection of writing by and about mystic artist Harry Smith

- Explores in depth the occult and mystical side of Smith—his “heaven and earth magic”—focusing on how his varied artistic efforts were part of a comprehensive magical and alchemical practice
- Includes unpublished photos of and letters from Smith, rare interviews, one of his unpublished texts, and essays by scholars and friends

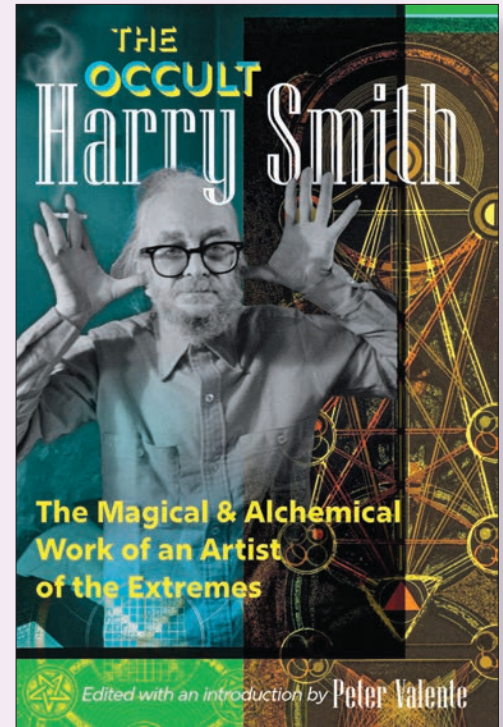
Harry Smith (1923–1991) was a legendary twentieth-century artist, filmmaker, painter, anthropologist, ethnomusicologist, and archivist. Especially well known for his *Anthology of American Folk Music*, innovative abstract films, and extraordinary collection of paper airplanes now housed at the Getty Research Institute, Smith also had a deep esoteric and mystical side, with experimentation in magic, Tarot, Qabalah, and other occult practices. Like the alchemists, Smith’s life mission was to create a unified work from disparate elements, a synthesis of correspondences between seemingly unrelated topics, from music, string figures, and Seminole patterns to the relationship between sound and film imagery.

Presenting the most diverse collection of writings by and about Smith, this volume explores the far-ranging esoteric themes that run throughout Smith’s art and career. It includes never-before-seen photos, rare interviews, personal letters, and an unpublished text by Harry Smith, *The 96 Apparitions of the 96 Alchemical Formulae (1 to 36)*, as well as personal reminiscences from Smith’s friends and former students.

With growing scholarly interest and a substantial show in 2023–24 at New York’s Whitney Museum of American Art, Smith’s groundbreaking mystical wisdom and “heaven and earth magic” are finally receiving the recognition they deserve, cementing Smith’s reputation as an artist of the extremes who rose above ordinary existence to make a profound contribution to art, music, film, and modern alchemy.



**Harry Smith** (1923–1991) was a filmmaker, painter, anthropologist, alchemist, and artist of the twentieth century. **Peter Valente** is a writer, editor, translator, and filmmaker. He was born in Salerno, Italy, in 1970 and grew up in New Jersey. The author of 12 books and the translator of several influential works, including Gérard de Nerval’s *The Illuminated*, he lives in North Carolina.



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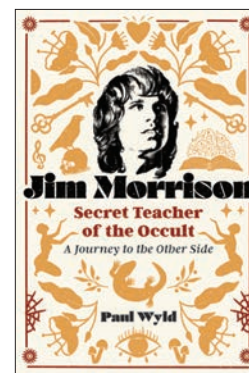
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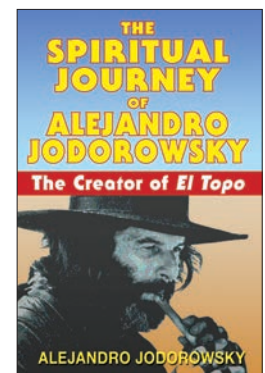
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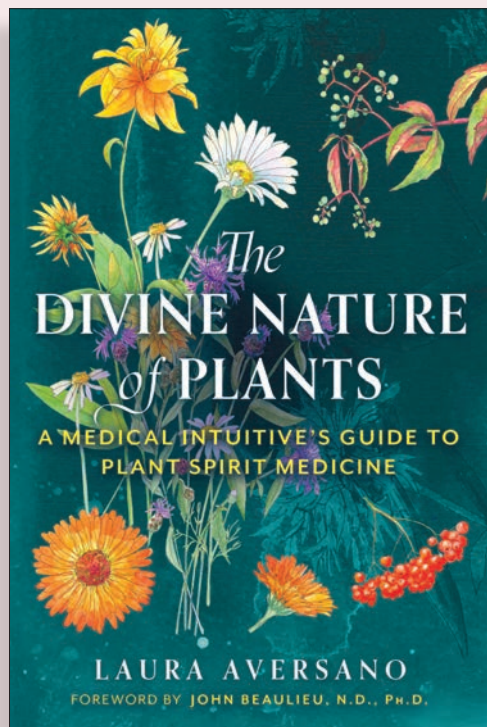


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# The Divine Nature of Plants

A Medical Intuitive's Guide to Plant Spirit Medicine

LAURA AVERSANO

Foreword by John Beaulieu, N.D., Ph.D., author of *Human Tuning*

A shamanic journey into energetic healing with plant spirits

- Presents the spiritual, emotional, and physical healing properties of 30 common plants and their spirits
- Explains how to intuitively, energetically, and spiritually connect with plant spirits and their healing medicine
- Shares the author's personal story of awakening to the divine powers of plant spirits

Sharing her personal story of awakening to the divine powers of plant spirits, medical intuitive Laura Aversano takes you on a journey deep into sacred connection with the elemental world of nature where plants are animated intelligent beings.

Aversano explains the process of how to intuitively, energetically, and spiritually connect with plant spirits and their healing medicine, including how to make your own plant spirit essences. She presents the stories and remedies of 30 common plants whose spirits she has worked with energetically over the years to nurture herself and her friends, family, and clients. She shares her inner experience with each plant, including visitations from the fairy, deva, or spirit that endows and protects each plant. For each plant she includes a plant spirit prayer and explores its spiritual, emotional, and physical healing properties. The 30 plants and their spirits she introduces include Astragalus, Black Cohosh, Calendula, Lilac, Motherwort, Mugwort, Poke, Rosemary, Violet, Wormwood, and Yarrow.

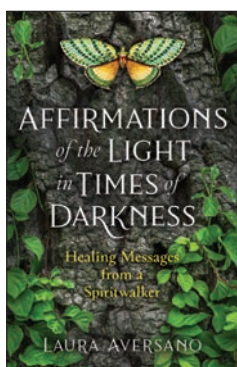
Revealing that when we call upon a plant spirit, we immediately come into Divine relationship with the plant kingdom, Aversano shows how we each have the power to heal ourselves and our loved ones—and that each plant has a divine purpose to help us heal.



**Laura Aversano** is a medical and spiritual intuitive, an ancestral empath, and a spiritwalker. Descended from an ancient lineage of Sicilian adepts and seers, she has been communicating with the spirit world since childhood. She is trained in plant medicine and shamanism from various Indigenous traditions and in many modes of healing. She lives in New York City.



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# The Fern Pharmacy

Indigenous Wisdom and Modern Pharmacology

ROBERT DALE ROGERS, RH(AHG)

A comprehensive illustrated guide to medicinal ferns throughout the world

- Explores more than 500 species of ferns, alongside full-color photos
- Examines the Indigenous and folk uses of ferns for food and medicine throughout history
- Explains in detail the scientific research behind the potency of fern chemicals to heal many human conditions

Used for millennia by Indigenous people for food and medicine, ferns are now being recognized by modern science for their unique medicinal potential against antibiotic-resistant bacteria, cancer, diabetes, cardiovascular disease, and liver, kidney, and respiratory conditions.

In this full-color illustrated encyclopedia, Robert Dale Rogers, RH(AHG), explores more than 500 species of ferns, detailing their traditional Indigenous and folk uses in North America, Europe, and Asia; their mythology, chemistry, pharmacology, and healing applications; and observations from naturalists from the 18th century through today. He examines ferns' unique botany as nonflowering seedless plants, including their relationship with mycorrhizal fungi, their propagation via spores, and their ancient past as colossal trees.

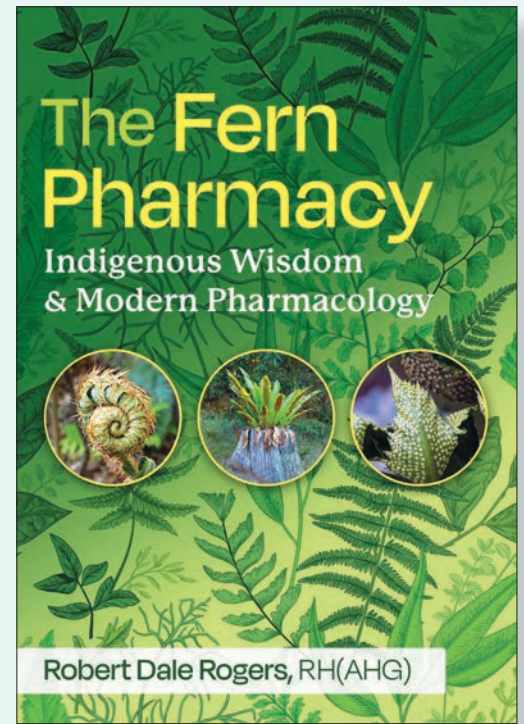
Interpreting modern research on the chemistry of ferns, including in vitro and in vivo studies of their compounds and secondary metabolites, Rogers explores their chemical constituents, detailing each fern chemical's healing properties, from easing congestion and anxiety to treating infertility to fighting bacterial infections. He reveals how pharmacological researchers are now frequently rediscovering the ancient wisdom of ferns long known by Indigenous peoples, such as how Hammock Fern (*Blechnum occidentale*) was traditionally used in Brazil for pulmonary ailments, inflammation, and urinary tract and liver infections.

Featuring photographs by Alan Rockefeller and Drew Henderson, this book reveals the healing benefits as well as the beauty of ferns.



**Robert Dale Rogers, RH(AHG)**, is an herbalist with more than 50 years of experience in clinical practice and the classroom. He is the author of more than 60 books, a professional member of the American Herbalists Guild, and on the editorial board of the *International Journal of Medicinal Mushrooms*. A former clinical professor in family medicine at the

University of Alberta, he lives in Edmonton, Alberta, Canada.



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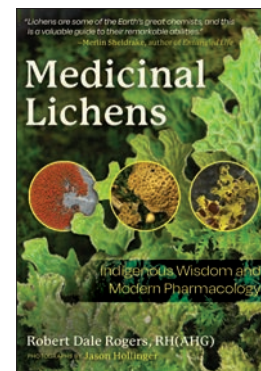
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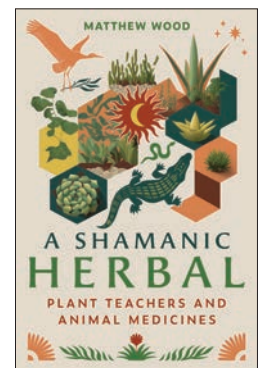
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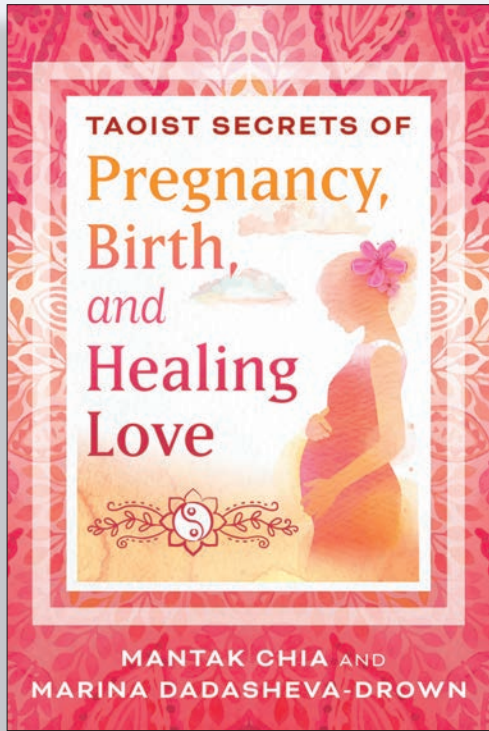
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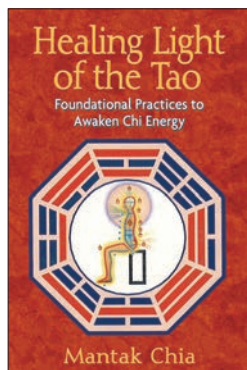
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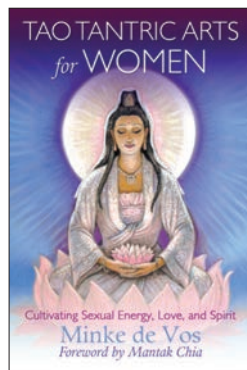


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# Taoist Secrets of Pregnancy, Birth, and Healing Love

MANTAK CHIA and MARINA DADASHEVA-DROWN

A guide to energetically prepare you for healthy conception and birth

- Explains the energetic principles of cellular Taoism in the process of conception
- Presents step-by-step instructions for practices that can aid in successful conception and healthy pregnancy, including Smiling Deer Practice, which allows you to incorporate optimum chi to reduce the likelihood of birth defects and other problems
- Explores Taoist principles on birth and the formative first moments of life, including when to cut the umbilical cord

Presenting a Taoist approach to healthy conception, pregnancy, birth, and early parenting, Taoist Master Mantak Chia and professional doula Marina Dadasheva-Drown explore the Universal Healing Tao practices behind the creation of healthy, happy children.

Explaining the energetic principles behind cellular Taoism, the authors discuss how the first cells of the fetus, the primordial stem cells, are designed to receive a soul. They look at the role of sound vibration, including the mother's heartbeat, in the process of conception and soul implantation as well as the mechanics of primal energy generation from the fusion of sperm and egg. They offer step-by-step instructions for a wealth of practices that can aid in successful conception and healthy pregnancy. The authors look at the energetic channels of the Microcosmic Orbit and the conception alchemy they make possible, as well as how this can be enhanced by Healing Love practices. They examine the power of positive thinking in conception, pregnancy, and birth and how to prepare for birth with jade egg practices.

Revealing the power of preparation and energetic intention in the alchemical process of conception, this book shows how to cultivate a strong and vital body and spirit prior to parenthood to ensure a successful pregnancy and healthy baby.



**Mantak Chia**, world-famous Inner Alchemy and Chi Kung master, founded the Universal Healing Tao System in 1979 and has taught tens of thousands of students all over the world. He is the author of more than 60 books, including *Healing Light*

*of the Tao*. **Marina Dadasheva-Drown** is a doula and Universal Healing Tao instructor who has studied with Mantak Chia for many years. The mother of 11 children, she lives in Thailand.

# Telepathic Tales

Precognition and Clairvoyance in Legend, Lyric, and Lore

DANIEL BOURKE

Foreword by Gregory Shushan, Ph.D.

A compendium of rare cross-cultural and historical accounts of extrasensory perception

- Provides accounts of ESP ranging from ancient Greek myth, traditional North and South American, African, and Polynesian stories to individuals like Rumi, Charles Dickens, and Carl Jung
- Considers unexplained ESP-related happenings, including bilocation, the ability to locate lost items, early knowledge of one's own death, and perceptions regarding the well-being of loved ones

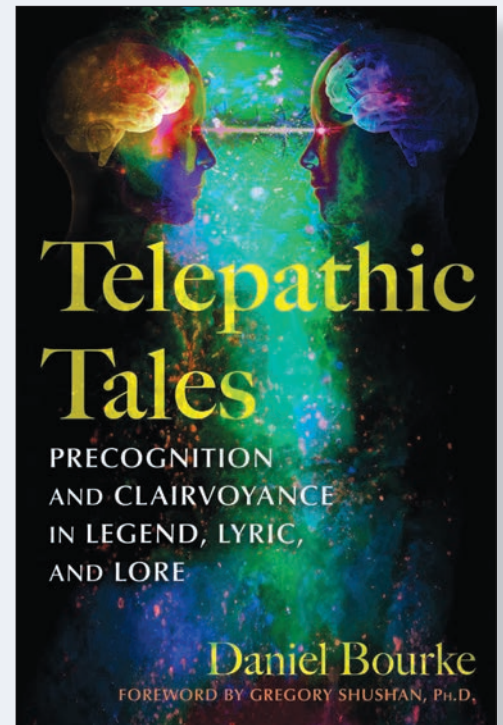
Whether a premonition of an impending event, a warning of potential danger, or an unlikely synchronistic experience, such things are surprisingly common, even if they often cannot be clearly explained.

Taking readers on a historical and cross-cultural voyage through extrasensory experiences, the author documents, contextualizes, and sheds light on these mysterious phenomena. From the plains of Peru and the haunted highlands of Scotland to the snowy taiga forests of the Far North and the Indigenous cultures of Australia and America, Bourke examines the strange psychic occurrences that seem to appear in all places, at all times. These include instances of bilocation, premonitions about the coming of visitors, intuitions of the location of lost items or treasures, the discovery of cures by telepathic means, and even accurate pre-perceptions about one's own demise or the perilous situation of a loved one. He looks at the renowned Greek seers, including Iamos, who announced the death of Hercules at the moment it occurred; the far-reaching visions of the shaman in a trance, who might warn his tribe of danger; and the witches, wizards, and heroes of legend and romance who were privy to secret knowledge through magical means. Bourke's survey incorporates rare accounts from people all around the world and across the ages, including figures like Rumi, Saint Anthony, Charles Dickens, Mark Twain, and Carl Jung.

Shedding light on our cultural and mythic past, Bourke shows that wherever you look in the world, whatever culture or time, telepathic tales are unfolding all around us.



**Daniel Bourke** is an author, poet, and singer/songwriter. He has a background in the natural sciences, the arts, and the video game industry. He has previously been published in the *Journal of the Society for Psychical Research* and the journal *Darklore*. He lives in Dublin, Ireland.



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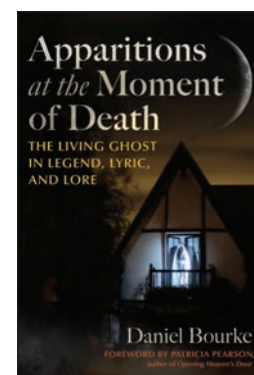
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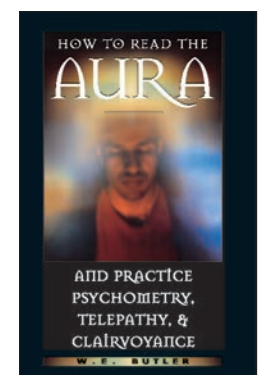
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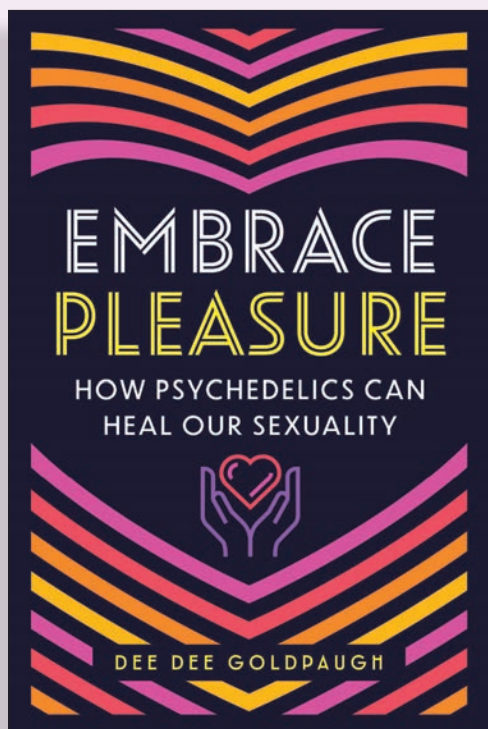
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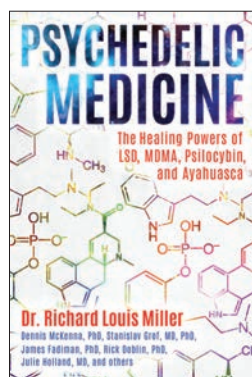


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# Embrace Pleasure

How Psychedelics Can Heal Our Sexuality

DEE DEE GOLDPAUGH

A guide to psychedelics as a path to love and healing

- Explains how psychedelic experiences offer a way to reconnect with the body, reclaim pleasure, rekindle joy, and reawaken to love
- Explores how psychedelics can support our sexual healing and offers a range of psychedelic integration techniques and somatic exercises to help release trauma and foster insight
- Shares recent research on trauma and case studies from more than a decade of professional clinical work as well as lessons from the author's own healing journey from sexual trauma and PTSD

In this groundbreaking book, psychotherapist and psychedelic integration expert Dee Dee Goldpaugh shows how the profound healing and restorative effects of psychedelics can help us heal our sexuality, reconnect with pleasure, find wholeness, and feel good again.

Sharing recent research on trauma and case studies from more than a decade of professional clinical work, the author explains how the psychedelic experience can allow us to become more embodied, reclaim pleasure, embrace spirituality, and reawaken to love. Goldpaugh explores specific ways psychedelics can heal sexual trauma, enhance sexual pleasure, deepen our interpersonal connections, and increase relationship satisfaction. The author looks at MDMA, psilocybin, ayahuasca, mescaline, 5-MeO-DMT, and other psychedelics and offers a range of integration techniques as well as somatic exercises to help release trauma, foster insight, and apply the lessons learned during psychedelic experiences to everyday life. Goldpaugh also examines the clinical framework and methodology behind psychedelic-assisted therapy and how readers can safely navigate risks and explore their own healing at home.

Revealing the transformative power of pleasure for healing sexual trauma, this book provides a guide to psychedelic sexuality as a path to healing and love.



**Dee Dee Goldpaugh** is a psychotherapist, educator, clinical supervisor, consultant, and leading voice in the development of psychedelic integration psychotherapy, specifically with survivors of sexual trauma. A facilitator of ketamine-assisted retreats for both couples and individuals, Goldpaugh has taught and published widely on psychedelics and sexuality, trauma, gender, and spirituality. A member of the Women, Gender-Diversity, and Sexual Minorities working group at the Chacruna Institute for Psychedelic Plant Medicines, the author lives in Woodstock, New York.

# Floral Absolutes

Aromatic Healing for the Physical, Emotional, and Energy Body

CANDICE COVINGTON

Foreword by Elizabeth Ashley, author of *Meeting the Melissa*

A guide to working with and experiencing plant absolutes

- Provides profiles for dozens of absolutes, exploring their physical and emotional healing properties as well as myths, poems, and stories that evoke the experience of plant absolutes
- Explains the author's unique system for working with absolutes centered on viewing the body as made of story and emotions
- Shares recipes for making absolute blends for specific conditions and teaches how to create blends to express specific feelings

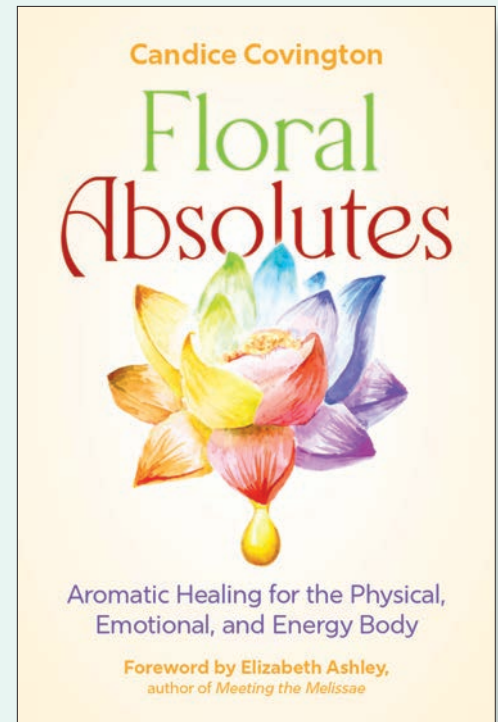
One of the most concentrated forms of fragrance, cherished in natural perfumery and aromatherapy, floral absolutes are created through a gentle heatless extraction process that coaxes the aromatic signature from delicate plant materials such as flowers. Absolutes contain the essential oil of the plant and a higher density of coloring, waxes, and other constituents, giving them healing effects often different from the plant's essential oil.

As aromatherapist Candice Covington explains, absolutes convey the synergistic story of the plant through its scent. They offer healing effects for the body, yet their greatest strength lies in their effects on the emotions and spirit. Covington provides profiles for dozens of absolutes, exploring their physical and emotional healing properties and their mythos—stories, poems, and experiences that convey the subtle qualities of each absolute directly to the subconscious—giving you a deeper, intuitive understanding of how to use each plant and its absolute. She also examines the energetic signatures of base oils, which are required for working with essential oils and absolute blends. She explains her unique treatment system for using absolutes centered on viewing the body as made of story and emotions, which conveys why you would apply certain oils/blends to specific parts of the body. She shares recipes for making absolute blends for specific conditions and also teaches how to intuitively create blends to express specific feelings.

Revealing the power of scent to help us blend and balance emotions, this book shows how aromas can reawaken us to ourselves and reconnect us to the greater story of Nature.



**Candice Covington** is a certified aromatherapist, massage therapist, healing arts master, and energy worker. A former aromatherapist for the Chopra Center, she is the founder of Divine Archetypes, an essential oil and flower essence company, and the author of *Essential Oils in Spiritual Practice*. She lives in Oregon City, Oregon.



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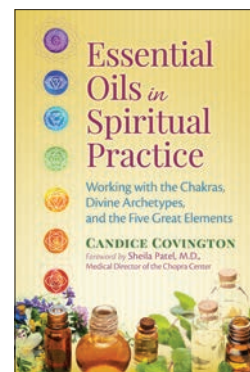
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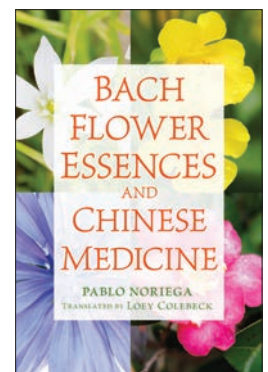
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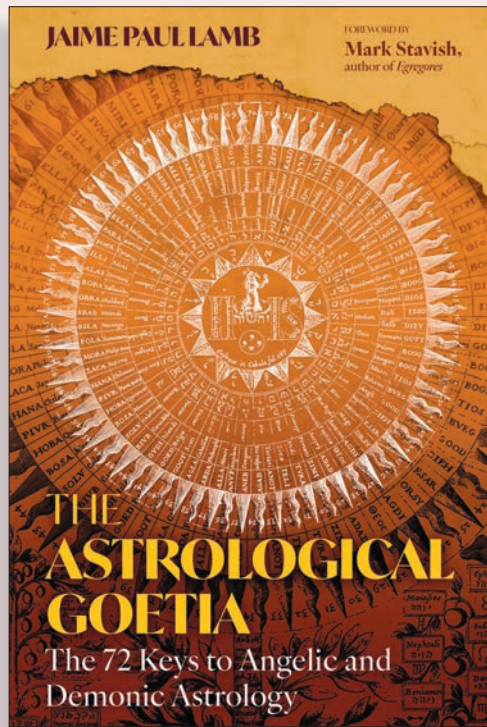
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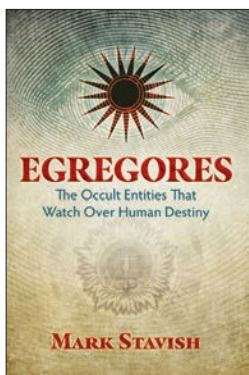


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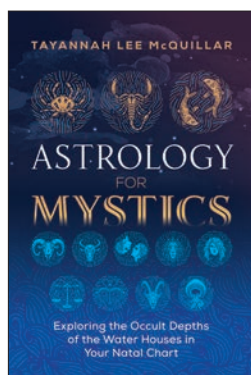


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# The Astrological Goetia

The 72 Keys to Angelic and Demonic Astrology

JAIME PAUL LAMB

Foreword by Mark Stavish, author of *Egregores*

A visionary synthesis of astrology and angelic and demonic occult magic

- Details an astrological system based on the 72 Qabalistic angels of the *Sefer Raziel*, the 72 Solomonic demons of the *Ars Goetia*, and the 72 quinarities of the zodiac
- Discusses the angels of the Shem HaMephorash and the Qabalistic lore surrounding them, the demons of the *Ars Goetia* and their origin in the Solomonic grimoire tradition, and how each demon is paired with its corresponding angel
- Explains the astrological meanings, significations, attributes, sigils, and seals of the 72 angels and their demon counterparts as well as how to apply these 72 quinarian keys of occult astrology to your own practice

Blending zodiacal divination with Qabalistic magic and Solomonic demons, Jaime Paul Lamb details a system of occult astrology based on ancient texts. He shows how the 72 Shem HaMephorash angels from the medieval *Sefer Raziel* and their corresponding 72 demons from the *Ars Goetia* (a Solomonic grimoire) are each associated with a specific 5-degree arc of the zodiac, with one angel-demon pair, or quinary, per segment. With 30 degrees in each astrological sign, there are thus 6 angel-demon quinarities for each sign, each providing new insights for understanding personality and fate.

The author discusses the angels of the Shem HaMephorash and the qabalistic lore surrounding them, the demons of the *Ars Goetia* and their origin in the Solomonic grimoire tradition, and how each demon is paired with a specific angel. He details the astrological meanings, significations, attributes, sigils, and seals of the 72 angels and their demon counterparts. He examines the zodiac degrees ruled by each angel and demon and explains how the quinarities influence the planets within the 5 degrees that they rule.

Providing the historical, theoretical, and practical tools necessary to apply these 72 quinarian keys of occult astrology, Lamb's guide allows astrologers to interpret individuals' charts with greater subtlety and depth while simultaneously enhancing their own magical practice.



**Jaime Paul Lamb** is a consulting astrologer and tarot reader whose work integrates traditional astrology and Western occultism. He is a member of the American Federation of Astrologers (AFA) and is certified in traditional astrology. The author of *Myth, Magick & Masonry: Occult Perspectives in Freemasonry*, he resides in Phoenix, Arizona.

# Thai Tattoo Magick

The Initiatory Practices of the Thai Buddhist Magicians

SHEER ZED

A magickal vision quest for enlightenment and personal redemption in Thailand

- Details the author's profound encounters with Thai magick during 4 separate pilgrimages to Thailand
- Explains the ritual process of the author's multiple Sak Yant tattoos as well as other powerful magickal rituals and initiations he experienced
- Shares how his initiatory experiences with Thai Buddhist magicians helped him destroy his destructive former selves and discover profound healing for his mind and soul

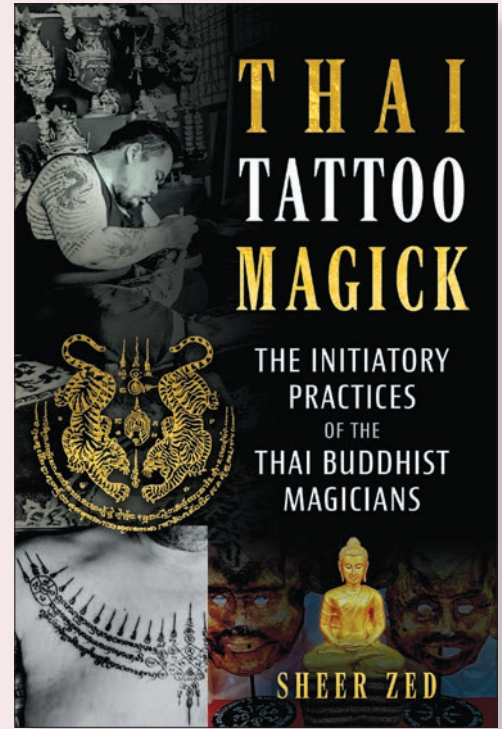
Sharing his profound encounters with Thai magick during 4 separate pilgrimages to Thailand, writer and musician Sheer Zed details the intense personal initiations and rituals he experienced with the sect of Thai Buddhist magicians known as Ajarns.

The author describes powerful Thai magickal rituals such as the Gold Face Blessing, where the face is covered in gold leaf, and a Satuang ritual that crescendos with the release of 21 large catfish into the Ping River during a Wolf Moon. He explains in detail the ritual process of his multiple Sak Yant tattoos, including how receiving a magickal tiger tattoo spiritually transformed him into a tiger during the ritual. He shares his experience of an intense Serm Duang ritual bath as well as how he had a gold Takrut needle inserted into his arm, and a rare initiation to connect him directly with spirits.

Revealing the extreme personal losses and traumas that led to his spiritual transformation, Zed shares how his initiatory experiences with Thai Buddhist sorcerers helped him destroy his destructive former selves and discover profound healing for his mind and soul. Exploring chaos magick, pop culture, and esoteric Buddhism, the author also examines the artistic and occult influences that shaped him into a magickal practitioner, ranging from the underground electronic music scene and the work of the Beat Poets to the writings of Aleister Crowley and the Buddhist Anarchism of Gary Snyder.



**Sheer Zed** is a writer, Buddhist shaman, musician, and artist. He has contributed to Hadean Press, *Indie Shaman*, *Rituals & Declarations*, *TQ Zine*, and many other publications. A countercultural activist, underground music artist, and magickal practitioner for more than 30 years, he lives in Bristol, United Kingdom.

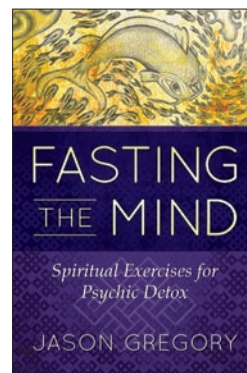


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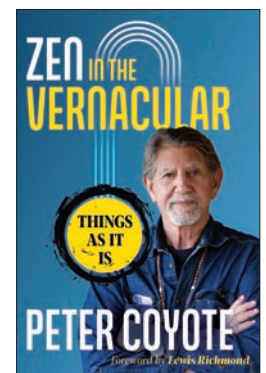
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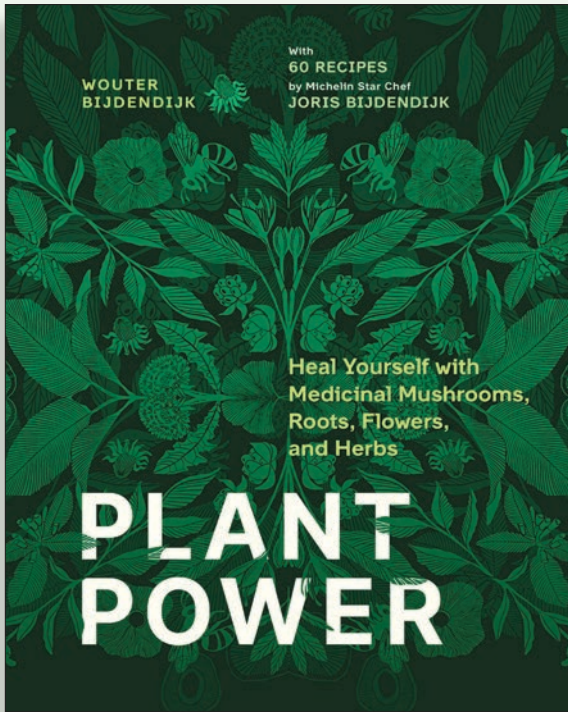


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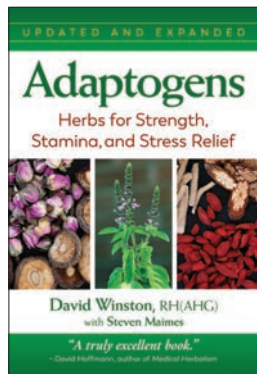
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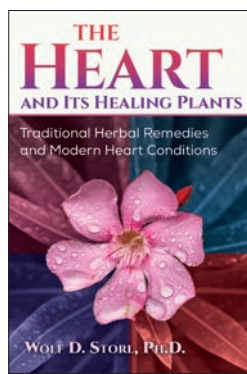
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- Offers 60 delicious vegetarian recipes (two for each plant or mushroom) by Michelin star chef Joris Bijdendijk

In this full-color guide, Wouter Bijdendijk highlights thirty plants, fruits, nuts, bulbs, roots, flowers, and mushrooms that support the immune system, digestion, endurance, vitality, and the brain, from ginseng and turmeric to chaga and reishi to olive and chamomile. He also explores several plants that have played a significant role in our rituals and ceremonies, such as fly agaric, blue lotus, cannabis, and peyote cactus, enabling our ancestors to connect with deeper layers of themselves, the spiritual realms, and the Divine. Sharing ethnobotanical and user-friendly descriptions, he explains the beneficial effects, characteristics, appearance, plant lore, original usages, extraction, and dosage of each plant or mushroom as well as their contraindications and where to obtain the plant. Each plant write-up also includes 2 delicious vegetarian recipes by the author's brother, Michelin star chef Joris Bijdendijk, to help you easily incorporate the medicinal powers of these plants in your life.

A journey through the deep and ancient roots of plant knowledge, from folk uses to mystical properties to the vital role of plants in human evolution, this book highlights the age-old bond between humans and nature and shows you how to harness the natural power of plants to revitalize your body, integrate your spirit, and empower your life.



**Wouter Bijdendijk** is an anthropologist specializing in ethnobotany and pharmacognosy with a degree from Amsterdam University. Over 20 years of touring the world, he has studied herbal medicine in different tradi-

tions. He lives in The Netherlands. Chef **Joris Bijdendijk** achieved 3 Michelin stars within 8 years of starting his career. He is the chef of the restaurant RIJKS® at the Rijksmuseum and, in 2019, opened the restaurant Wils in Amsterdam. The author of several food books, he lives in The Netherlands.

# The Biodynamic Heart

Somatic Compassion Practices for a Clear and Vital Heart

MICHAEL J. SHEA, Ph.D.

Foreword by Mary Bolingbroke

A guide to biodynamic manual therapy practices for spiritual and heart health

- Explores the author's contemplative model and techniques of Biodynamic Cardiovascular Therapy as a means to optimize heart function and heal spiritual wounds
- Examines the epidemic of heart disease as a physical manifestation of a worldwide degeneration of empathy and compassion
- Includes contributions from Michelle Doyle, Bill Harvey, Mary Monro, Cathy Shea, Ann Diamond Weinstein, Barry Williams, and Friedrich Wolf

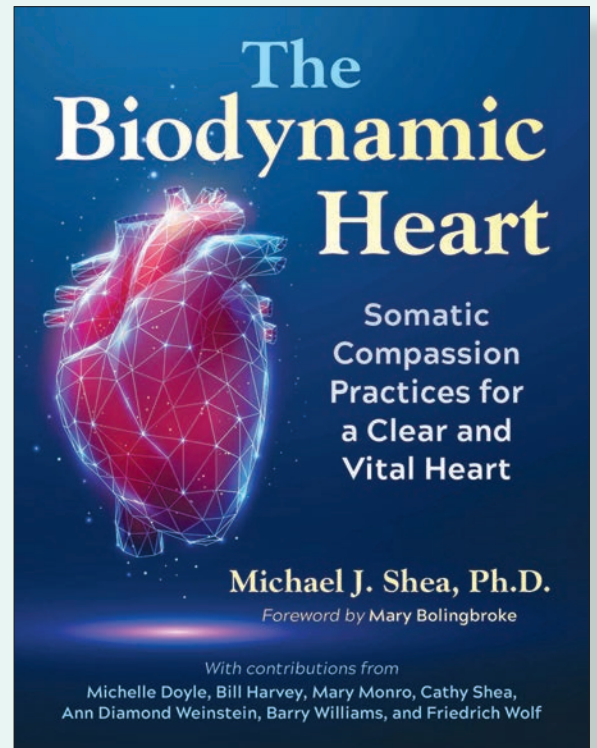
Exploring the nature of trauma and spirituality as it relates to our cardiovascular systems, somatic psychologist Michael J. Shea examines the pervasive epidemic of heart disease as a physical manifestation of a worldwide degeneration of empathy and compassion. He presents therapeutic practices to bring our hearts back into greater balance. Sharing his own experience as a young Army officer who survived a terrorist bombing attack and the profound awakening of compassion that followed, the author looks at the interconnection between traumatic experience and metabolic functioning. Examining the metaphysical causes of heart disease, Shea explains that we must empty our hearts of complex and damaging emotions, particularly anger and hatred, and allow ourselves space for empathy, compassion, and the ability to fully grieve loss to awaken to profound love.

Providing techniques to directly address heart trauma and heal spiritual wounds, Shea explores in depth his contemplative system of Biodynamic Cardiovascular Therapy. He shares multiple hands-on tools, including visualizations, subtle perception methods, and manual therapy practices rooted in Eastern and Western traditions. Illuminating how to heal the heart at the spiritual level, the author reveals how to enter a state of harmony with the cosmos and restore love and compassion as a living quality of an embodied heart.



**Michael J. Shea, Ph.D.**, holds a doctorate in somatic psychology from the Union Institute and has taught at the Upledger Institute, the Santa Barbara Graduate Institute, and the International University for Professional Studies. He is a founding board member of the Biodynamic Craniosacral Therapy Association of North America and the International

Affiliation of Biodynamic Trainings. He is the author of several books, including *The Biodynamics of the Immune System*, and lives in Juno Beach, Florida.



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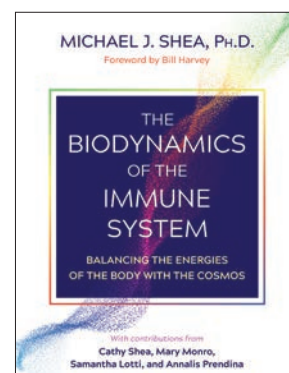
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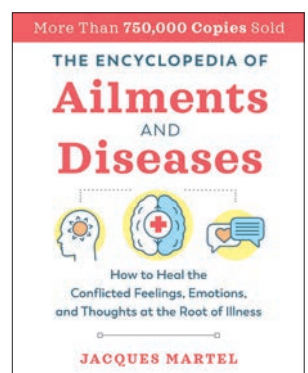
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# Otto Rahn, Grail Hunter

The Secret of the Cathars and the Return of the White Lady

RICHARD STANLEY

An investigation into the Holy Grail and the Cathar legacy

- Traces the journey of Otto Rahn, the occultist and one-time SS member who sought the Holy Grail and traveled widely throughout Europe as a researcher until his mysterious death in 1939
- Explores the modern legacy of the officially heretical Christian sect known as the Cathars
- Follows the author's own investigations into the location of the Grail and Rahn's legacy, taking readers on a journey through occult Europe

Meticulously following controversial 20th-century occultist, historian, and partially Jewish SS member Otto Rahn's research and investigations into the Holy Grail and Catharism, author and filmmaker Richard Stanley enters into the occult world of Europe, encountering esoteric traditions that have survived since the Crusades and the Inquisition and ultimately finding a new spiritual path in his own life. At Rahn's family home in the Black Forest of Germany, Stanley unearths a cache of maps, photographs, and unpublished manuscripts. His journey in pursuit of Rahn's legacy then takes him to Montségur, in southern France, mystical stronghold and one-time home of the Cathars, the esoteric and Gnostic Christian sect that was decimated in the medieval Albigensian Crusade. There he sees the extraordinary summer solstice light phenomenon that reveals the fortress's mystical past as well as encounters witnesses who insist Rahn is still alive. Methodically visiting every site his research unearthed, from France to Iceland, the author untangles conspiracy from truth as he looks at the connections between the Cathars, the Rosicrucians, Julius Evola, neo-Cathar and Freemason Dèodat Roché, the mystical bleeding stones known as *Lapis exilis*, and Otto Rahn's esoteric path. He also examines the prophecy of the return of the Cathars' medieval priestess Esclarmonde de Foix, the White Lady, who appeared to Rahn during his search for the Grail.

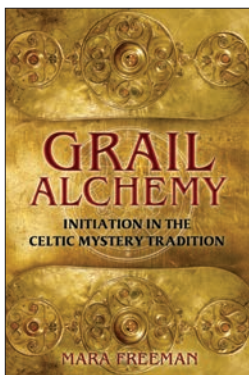


**Richard Stanley** is a filmmaker and anthropologist whose films include *Dust Devil*, *Hardware*, and *Color Out of Space*. As a journalist and documentarian, he has covered events in Afghanistan, Rwanda, and Haiti. A frequent contributor to publications including *Fortean Times* and the *Saunière Society Journal*, he lives in Rennes les Bains, Occitanie, France.

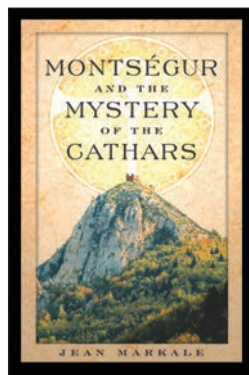


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- Features evocative art and psychotherapeutic insights to activate the unconscious and merge idea and image

Created by a psychologist-artist and a psychiatrist, this oracle deck will help you harness your dreams for personal growth and healing as well as understand the language of the soul as it appears in your dreams.

Designed for dream contemplation and dream induction, the 46 full-color cards feature evocative art and healing words. The cards explore common dream plots, settings, feelings, and figures as well as feature a group of teaching cards with guidance on remembering dreams, inducing lucid dreams, and the wisdom of nightmares. The deck can be used to incubate a specific dream topic, gain insight into your current psychological state, and better understand and interpret your dreams. For therapists and healers, the cards can also help you work with clients' dreams and can be used to activate the unconscious.

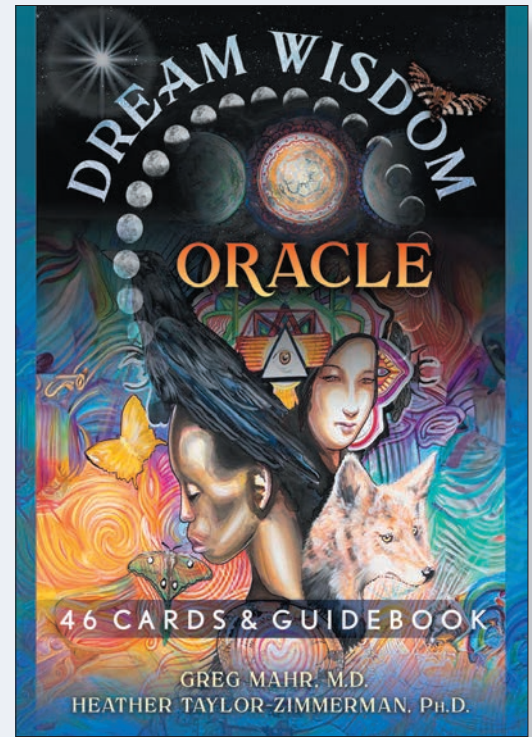
Combining psychotherapy insights with visionary imagery, this oracle deck provides a hands-on tool to engage all parts of the brain and open you to a deeper experience of your inner world of dreams.



**Greg Mahr, M.D.**, is a psychiatrist actively involved in teaching and research on acute trauma and nightmares. He is on the faculty of the medical schools at both Michigan State University and Wayne State University and has published more than 30 academic research articles. The author of *The Wisdom of Dreams: Science, Synchronicity and the Language of the Soul*, he lives in Plymouth, Michigan.



**Heather Taylor-Zimmerman, Ph.D.**, is a psychologist trained at Pacifica, a Jungian program in California. She is the director of an experiential teaching program in personal transformation through visionary art, and her healing artwork has appeared in clinics and hospitals as well as in public and private collections. She lives in Olympia, Washington.



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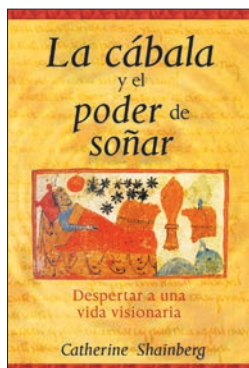
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En nueve capítulos, cada uno con siete rituales prácticos, accesibles y de diversas procedencias, Cynthia Zak te invita a ser la protagonista de la poderosa aventura de soñar. Conoce la biología de tu cuerpo al dormir y mantras de poder para calmar la mente, potenciar sueños lúcidos y mucho más, para redescubrir tu intuición femenina y propiciar una renovación integral. Aduénate del descanso nocturno y transfórmalo en un retiro espiritual que impulse tu evolución como ser humano y como mujer.

Cynthia afirma que al dormir sola “el campo electromagnético de la inteligencia del corazón se expande, los centros de energía se balancean y las visiones son claras y hermosas, reforzando el poder de la intuición femenina”. El mundo de los sueños se revelará ante ti para mostrarte que tú eres la persona más importante: mujer y diosa, soberana de tu cama y de tu vida.



**Cynthia Zak** es escritora, periodista, cantautora, y maestra de yoga y meditación. Ha publicado cuatro libros: *Enciende tu corazón* y la serie *El maestro eres tú*. Zak ha compuesto más de 150 melodías sobre *mindfulness*, respiración, meditación e inteligencia emocional. Es terapeuta del HeartMath Institute, directora del Instituto Yomu y durante treinta años ha viajado por el mundo para enseñar sus prácticas espirituales a niños, maestros, padres de

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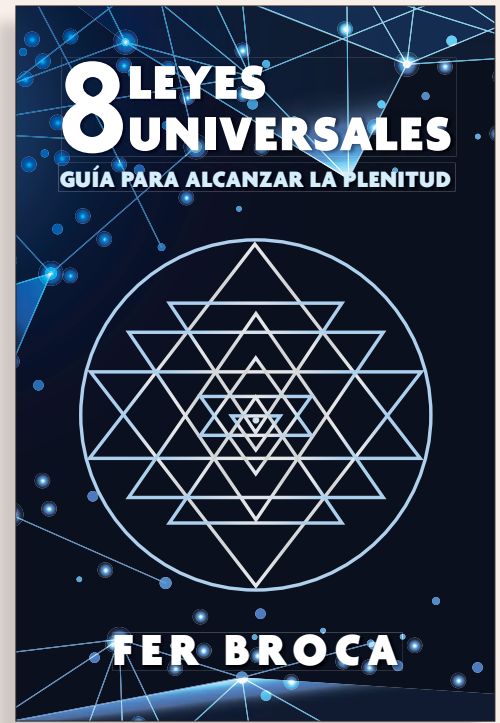
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Las ocho leyes universales te permitirán tomar decisiones desde tu centro y en plena consciencia. Con la guía de Fer Broca realizarás un viaje hacia adentro de ti mismo, con el objetivo de que encuentres equilibrio, armonía y paz que, en palabras del autor, es “la felicidad verdadera”.



**Fer Broca** es maestro espiritual, chamán, conferencista y autor de *Historias que sanan*, *Encuentro, chamanismo aplicado a la vida cotidiana* y *Despertar, un nuevo tiempo*. Su objetivo es compartir una espiritualidad aplicada al diario vivir por medio de procesos transformadores que promueve a través de los talleres, seminarios y conferencias que imparte alrededor del mundo desde hace

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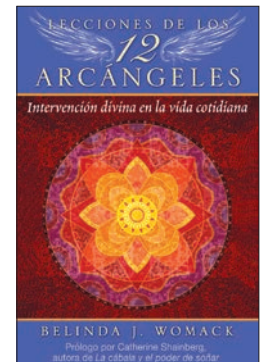
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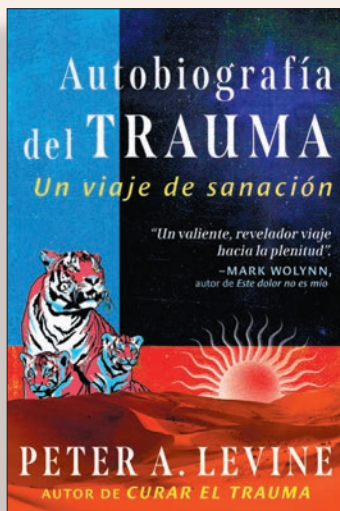


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La memoria íntima de Peter A. Levine, renombrado desarrollador de *Somatic Experiencing* y autor del éxito de ventas *Curar el trauma*

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- Explora cómo llegó a ver a Einstein como su guía espiritual y mentor personal, solo para descubrir una conexión en la vida real con él a través de su madre
- Explica cómo el método Somatic Experiencing deriva de los estudios de animales en sus entornos naturales, la neurobiología y 50 años de observaciones clínicas

Mientras comparte el viaje personal para sanar su grave trauma infantil, el doctor Peter A. Levine describe su aprendizaje interior al ser guiado a través de la experiencia somática para desanudar sus traumáticas heridas. Revela sueños misteriosos e inesperados que lo han guiado a lo largo del trabajo de su vida, así como sus avances para crear el método Somatic Experiencing.

## Cannabis y espiritualidad

[Cannabis and Spirituality]

Guía para el explorador de un aliado vegetal ancestral

EDITADO POR STEPHEN GRAY

Prólogo por Julie A. Holland, M.D.

Una guía sobre los beneficios y desafíos del uso del cannabis en la práctica espiritual

- Incluye capítulos de 18 voces autorizadas e influyentes del movimiento cannábico moderno, incluidos Kathleen Harrison, Joan Bello, Hamilton Souther, Steven Hager, Chris Bennett, Dee Dussault, Jeremy Wolff y Roger Christie
- Explora el uso de la marihuana en una amplia gama de prácticas espirituales, incluida la meditación, yoga, canto, visualización, chamanismo, ceremonias grupales, trabajo con otros enteógenos y como ayuda creativa

En esta guía, el editor Stephen Gray y otras 17 voces influyentes del movimiento cannábico moderno revelan el potencial de “la planta del pueblo” para mejorar una amplia gama de prácticas espirituales. Gray muestra cómo el cannabis es un aliado eficaz en el viaje de despertar, ya que desbloquea la energía receptiva que todos llevamos dentro.

## El pequeño libro de los dragones

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- Echa un vistazo al místico mundo de los dragones y conoce a tu propio dragón, un compañero personal cercano que compartirá contigo su invencibilidad y su magia
- Crecerás como persona y encontrarás tu propio camino

Christine Arana Fader, la “mujer dragón”, muestra el místico mundo de los dragones con historias de su vida diaria. Ayuda a los lectores a conocer a su propio dragón, un compañero personal que compartirá su invencibilidad, sabiduría y magia para que los lectores puedan crecer y encontrar su propio camino.



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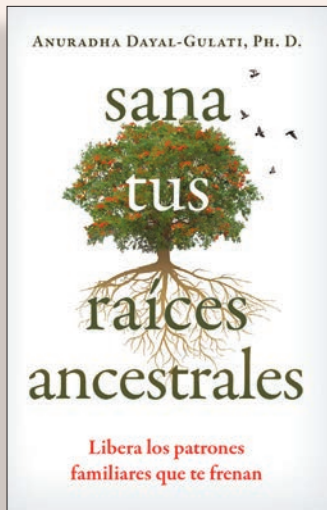
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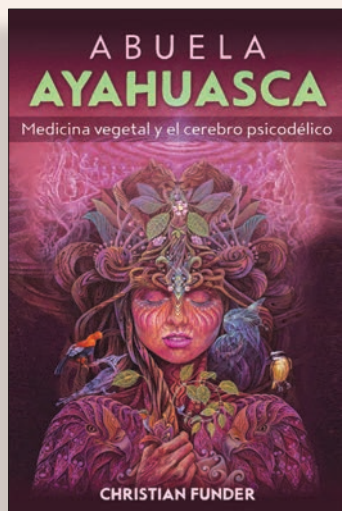
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Al revelarnos las propiedades de la Abuela Ayahuasca como sanadora profunda, maestra sabia y guía que cambia vidas, Christian Funder examina la manera en que este brebaje sagrado afecta el cerebro desde una perspectiva neurocientífica. Además de explorar el inmenso potencial terapéutico de la ayahuasca, el autor comparte entrevistas con personas que han experimentado los poderosos efectos de este “médico espiritual” y detalla su propio viaje revolucionario de curación.

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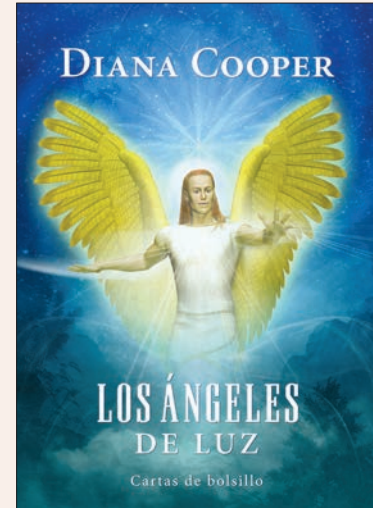
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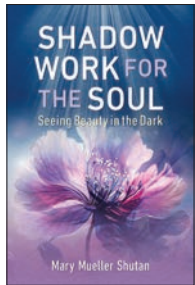


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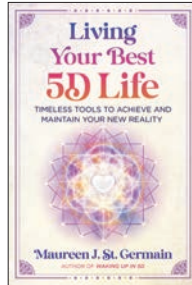


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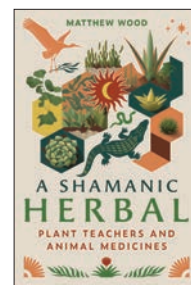
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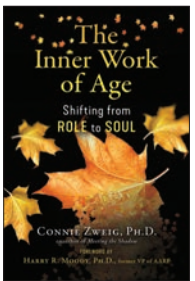


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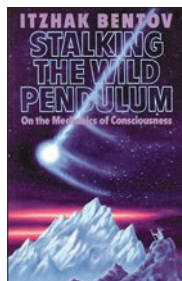


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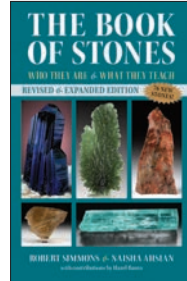
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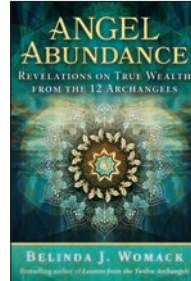
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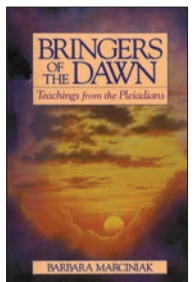
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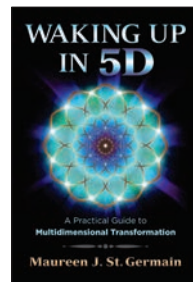
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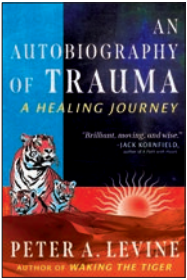


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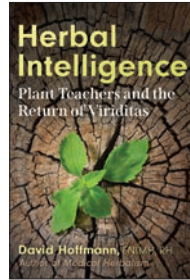


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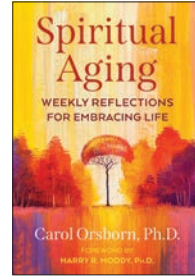
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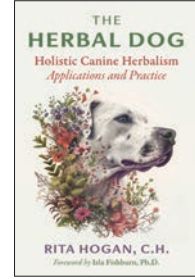
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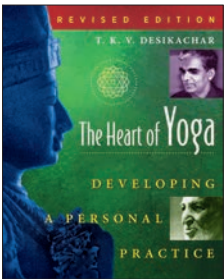


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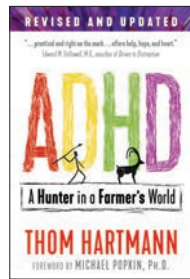


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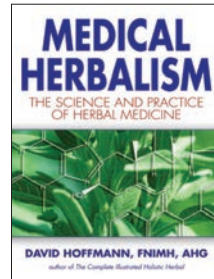
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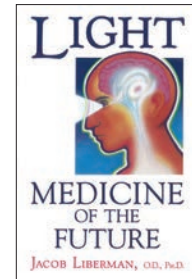
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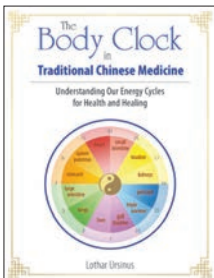
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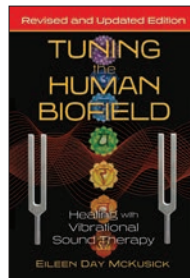
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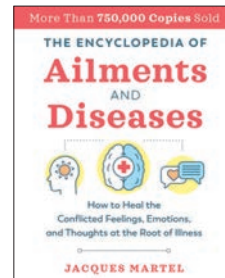
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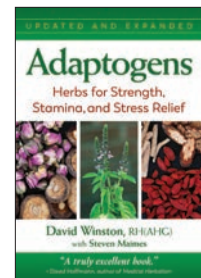
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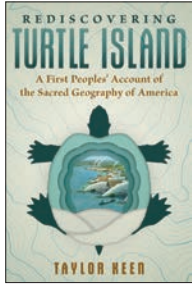


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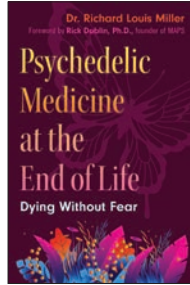
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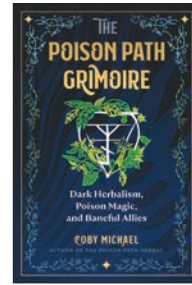
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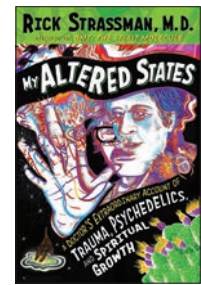
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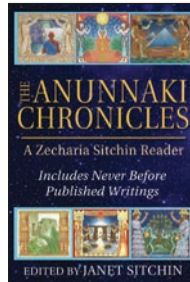
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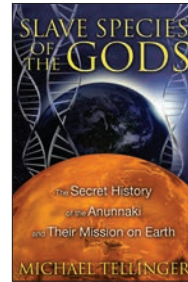
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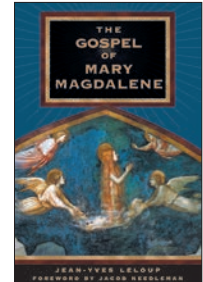
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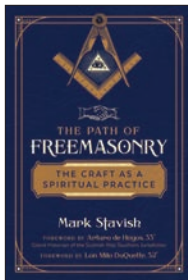
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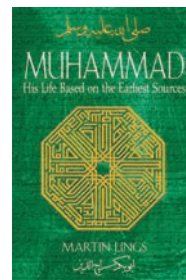
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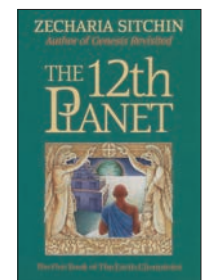
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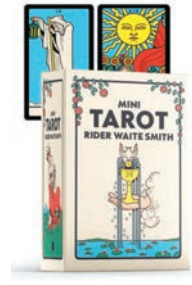
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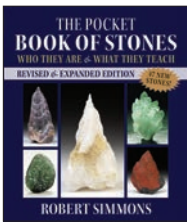


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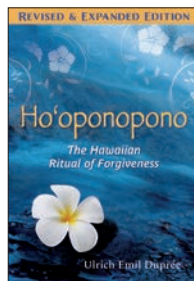


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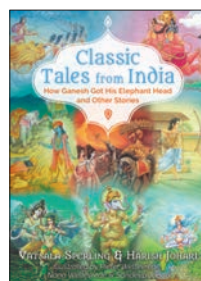
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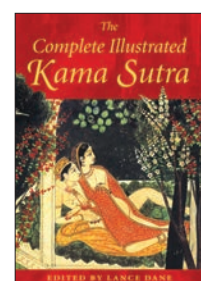
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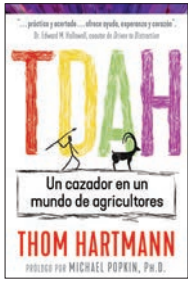


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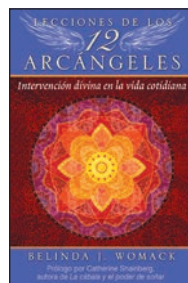


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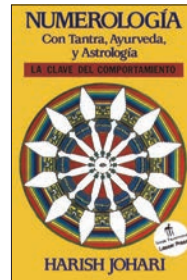
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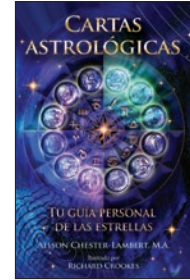
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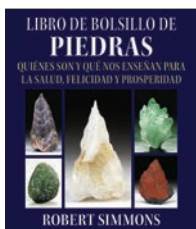
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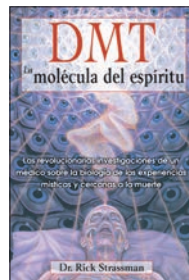
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